the JEWISH VOICE

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WOMEN IN BUSINESS



M. Charles Bakst outside Beigel Bake in London.

L'chaim to the Sons of Jacob museum

BY MIKE FINK

Charlie Fishbein, the proprietor of the Coffee Exchange in Providence, told me about plans to rededicate the Sons of Jacob Synagogue, in Providence's Smith Hill, where Orms and Douglas meet, as a Jewish museum.

The cordial host of the Wickenden Street café showed me images of the murals and the illustrated signs of the zodiac that decorate the interior of this religious relic and also serve as a reminder of the historic role the building has played in Providence history.

Charlie said, "I'm not a speaker, but the artist who created the beautiful designs was my great-grandfather, and I'll be there to represent him."

I showed up at the June 25 open house to witness the promising proceedings and to shake Charlie's hand. The only original name on the cracked marble plaque at

SONS OF JACOB | 14



Some 400 people visited Sons of Jacob June 25.

Adventures in London: The Jewish dimension

BY M. CHARLES BAKST

LONDON – Think Jewish, and eat well.

That's my spin on visiting this magnificent city.

Of course, embrace the essence of British Parliament. Churchill's Underground War Rooms. Buckingham Palace. Shakespeare's Globe Theatre.

Is there anything more British than strawberries and cream at Wimbledon, or tea in fine china at the Fortnum & Mason food emporium? Quaff an ale at a pub. And don't forget

LONDON | 5

How 'The Red Tent' invented a new kind of fiction

BY ERIKA DREIFUS

JTA – Twenty years ago this summer, Anita Diamant – a freelance writer and author of several nonfiction books about Jewish practice, including "The New Jewish Wedding" – was awaiting the publication of her first novel. It was a work of historical fiction, set in biblical times, that focused on the story of Dinah, the only daughter of Jacob and Leah.

The book was called "The Red Tent," and it has since achieved iconic status. The novel has sold millions of copies around the world and was adapted into a 2014 Lifetime miniseries starring Minnie Driver.

But "The Red Tent" did not become a best-seller when it

RED TENT | 21

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THIS ISSUE'S QUOTABLE QUOTE

"We have the power to make possible what may at first appear impossible."



PHOTOS | FRAN OSTENDORF





Camp in Rhody

Do you recognize these photos? You'd be correct if you guessed Camp JORI. The photo at the top is the waterfront. At left is the wall in the arts and crafts cabin where you can see the handiwork of campers from years past. Above is a piece of the tall signpost near the front of the camp.

Read more about JORI in the editor's column on page 8. Next week, watch for J-Camp at the Alliance's Dwares JCC.

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32nd Annual Dwares JCC Golf Classic a success despite showers

BY STEPHANIE HAGUE

Rain could not stop golfers and community members alike from supporting the Jewish Alliance's 32nd Annual Dwares JCC Golf Classic on July 27.

The tournament, originally scheduled for June, returned to Ledgemont Country Club in Seekonk, Massachusetts this year. Chaired by James Pious and Rick Granoff, the event raised approximately $90,000 to support the programs for all ages housed at the newly-renovated Jewish Alliance's Dwares Jewish Community Center. Sponsorships included nearly 50 local businesses and individuals.

The Dwares JCC is a central hub for education, wellness, cultural and engagement programming for the local Jewish community and beyond. These crucial funds also support scholarships for children to attend the David C. Isenberg Family Early Childhood Center (ECC) and J-Camp, as well as other initiatives such as PJ Library, Eides Family J-Space Afterschool Program and a range of social programs for seniors.

Players were welcomed by Alliance staff with golf bags and bottles of wine in hand, courtesy of MS Walker of RI, and enjoyed a barbecue lunch before heading out to the course. Lunch was sponsored by Double Eagle Sponsors Bonnie and Donald Dwares, The Miriam Hospital and D.F. Pray.

Despite light rain throughout the day, golfers enjoyed the legendary golf course and participated in drawings and putting contests along the way. After the foursomes completed their rounds, participants met in the clubhouse for cocktails, dinner and a live auction. Auction prizes included box seats at a Red Sox game, dinner with Patriots safety Nate Ebner and a Newport harbor cruise. Aaron Simon, David Goldstein, Daniel Pious and Michael Savit were auction winners.

Following the auction, ECC Director Jo-Anne DeGiacomo Petrie talked about her work. "As many parents know, affordability is a large issue when considering early learning and educational options. Families should not have to compromise the safety and education of their children for affordability. Our students have experiences that other early learning facilities are just unable to offer. Who wouldn't want their children to be exposed to taking care of God's creatures, giving to those in need, bringing joy to the elderly, being kind and welcoming to others, all while fostering community?"

DeGiacomo Petrie's speech was followed by a "Fund-a-Need" auction, encouraging attendees to pledge to ECC scholarships that offer assistance to families of infants, toddlers and preschoolers who receive high-quality education in a loving, welcoming learning environment. The day's success was an inspiring way to conclude the Jewish Alliance's 2017 campaign year.

The results of the day were announced during dinner:

Winner of First Gross:
Buddy Trinkle, Josh Rheaume and Andrew Roy



Event co-chairs, Rick Granoff and Jamie Pious.



Donald Dwares and Richard Bornstein head out to the golf course.

Winner of First Net:
Brock Manville, David Epstein, Robert Sherwin

Winner of Second Net:
James Pious, Daniel Pious, Michael Evans, Josh Plosker

Winner of Third Net:
Michael Savit, Richard Weiner, Brandon Weiner, Kenny Gad

Winner of First Mixed Net:
John Renza, Elisabeth Sondler, Peri Ann Aptaker, Joe Quatrocci

Winner of Second Mix Net:
Peter Jacavone, Ray Richard, Randy Shatz, Pamala Bhatia

Straightest Drive:
Brandon Weiner

Closest to the Pin:
Buzz Cohen

Winner of the Hit the Green contest:
Scott Chernick

Winner of the 3 in 1 Putting Green contest:
Ed Rotmer

STEPHANIE HAGUE is the philanthropy officer at the Jewish Alliance.



Daniel Pious attempts the hole-in-one putting contest.



After lunch: (Back, left to right) Linda Silverman, Sandra Bornstein, Adam Greenman and Bonnie Dwares (Front, left to right) Jeffrey Savit, Patty Alperin and Sue Kahn.



PHOTOS | FRAN OSTENDORF

Golf carts await the start of play at Ledgemont Country Club.

A new era for Holocaust education in Rhode Island

BY LEV POPLOW

At its annual meeting on June 22, the Sandra Bornstein Holocaust Education Center (SBHEC) marked the beginning of a new era: the SBHEC celebrated moving into its new space in the Alliance's Dwares Jewish Community Center, in Providence, and welcomed incoming president Edward H. Newman.

Prior to the start of the annual meeting, SBHEC officials hung a mezuzah, and held a reception to celebrate the center's grand reopening in the large, beautiful new space. All agreed that the new quarters will give the center a higher profile in the community and help it to achieve its mission of using the lessons of the Holocaust to educate about genocide, hate and discrimination, while promoting justice and dignity for all.

After the reception, everyone moved into the JCC's social hall for the annual meeting, which marked the end of Judith Jamieson's four-year tenure as president.

During Jamieson's term, the SBHEC experienced tremendous growth, as well as achieving its long-term goal of passage of the Holocaust and Genocide Education Act. The new law requires that all Rhode Island middle and high school students receive instruction about the Holocaust and genocide so that it will never happen again.

While no longer president, Jamieson will continue promoting SBHEC's message of tolerance and understanding by serving on various SBHEC committees.

Newman, the son of Holocaust survivors, was installed as SBHEC's new president. In his remarks, Newman, a Family Court magistrate, cited Elie Weisel, saying, "We should never be neutral or silent in the face of bigotry." He went on to say, "This is what SBHEC is all about. We must educate because that is the key, promoting tolerance between people of different backgrounds, races and religions."

Newman's speech can be heard in its entirety on the Sandra Bornstein Holocaust Education Center's Facebook page.

Another highlight of the evening was the presentation of a Silverstein Grant Award to Jamie Droste, of the Foxboro Regional Charter School, to support the Holocaust Stamps Project. The goal of the project is to collect 11 million postage stamps as a way to symbolically honor every victim of the Holocaust.



PHOTOS | LEV POPLOW

New SBHEC president Judge Ed Newman, Richard and Sandra Bornstein, outgoing president Judith Jamieson, SBHEC Executive Director May-Ronny Zeidman at the entrance to the new Holocaust Education Center.

LEV POPLOW is a communications and development consultant who writes for the Bornstein Holocaust Center. He can be reached at levpoplow@gmail.com.



Judith Jamieson and Judge Ed Newman



Albert Silverstein and Jamie Droste

Fun and games for a good cause: The Bornstein Holocaust Center

BY LEV POPLOW

July 18 was a beautiful summer day. It was the kind of day when a typical Rhode Islander would want to be at the beach, or a park, or on a boat. Instead, about 100 local women came together to support Providence's Sandra Bornstein Holocaust Education Center (SBHEC).

The reason they were indoors on a summer day was SBHEC's Annual Luncheon & Card Party, held at Ledgemont Country Club, in Seekonk, Massachusetts.

Seeing everyone gather as the fundraiser began was like watching a reunion of old friends. And, as many of these women participate in the event year after year, it was a reunion of sorts: a reunion for a good cause.

Before lunch, the women enjoyed some shopping. SBHEC had arranged for a variety of vendors to offer jewelry, handbags, scarves and more. A portion of the proceeds from all items sold was donated to SBHEC.

SBHEC board members Myrna Aronson and Barbara Wahlberg spoke briefly during the luncheon. Aronson thanked everyone for being there to support the organization, and Wahlberg spoke about the curriculum SBHEC is helping to develop for the mandatory Holocaust and Genocide education program that will be taught in R.I. schools starting in September.

The Bornstein Holocaust Center gratefully acknowledges and thanks the women whose sponsor donations made the day a success. There were three levels of sponsorship: Diamonds were Sandy Bornstein, Bonnie Dwares, Donna Frank, Grace Goldberg and Jo-An Kaplan; Spades were Dorothy Lampal, Barbara Lavine and Elaine Weiss; and Hearts were Patty Alperin, Bobbie Andreozzi, Marcia Blacher, Alice Boss, Beverly Cohen, Sherry Cohen, Susan Froelich, Nancy Harris, Sue Kahn, Maybeth Lichaa, Ruth Page, Joyce Robinson, Miriam Shana, Ina Wasserman, Paula Ruggiero and Marjorie Torgan.

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FROM PAGE 1

LONDON

fish and chips.

Still, if you're Jewish, there are additional dimensions:

• The Jewish Museum London.

• A walking tour of the historic East End, which was the heart of Jewry here before Jews grew more affluent and moved to upscale neighborhoods like Golders Green.

• Synagogues.

And let's not forget the food:

A bagel stuffed with hot salt beef – we call it corned beef – at the 24-hour Beigel Bake Brick Lane Bakery, or a dazzling platter of smoked salmon at Formans near the 2012 Olympic Stadium. Plus, modern, elegant gourmet versions of Middle East cuisine at hip eateries – Ottolenghi and Honey & Co. – owned by famous chefs who moved here from Israel. You very likely own their cookbooks.

The museum, in the Camden Town neighborhood, offers a good introduction. You will learn that Jews came to Britain at least as far back as the Norman conquest of 1066 but were expelled in 1290 and not welcomed back until 1656.

The museum contains some extraordinary artifacts, such as a carved, gilded Italian 17th century synagogue ark that somehow found its way to a British castle and was used as a wardrobe; an elaborate 18th century book used to record synagogue donations; and a magnificent 1920s hand-painted colorful banner from the London Jewish Bakers Union. (UNITY. STRENGTH... BUY BREAD WITH THE UNION LABEL.)

An exhibit about the 1938-39 British Kindertransport project that rescued children from Nazi persecution is made more poignant by comments from young museum visitors as to how they would feel if they were parents sending their children to an uncertain future in a foreign land. "I would put in a note for her to keep with her when she's sad," wrote one visitor.

If you're headed to Britain, get yourself a copy of "Jewish London" by Rachel Kolsky and Roslyn Rawson. On a 2013 visit, the book prompted me to visit the small but fascinating Czech Memorial Scrolls Museum in Kent House, which is also home to the Westminster Synagogue. You learn of the Torahs rescued for safekeeping from the Nazis, most of which are now on permanent loan to synagogues and other institutions around the world. In fact, one of them is in my own Temple Habonim in Barrington.

On this most recent visit to London, I went on an East End tour operated by London Walks (walks.com) and led by Rachel Kolsky. One emphasis is on institutions the Jewish community established to help immigrants and prevent them from becoming a burden on the state. We paused, for example, at an ornate 1902 brick building bearing the inscription, "Soup Kitchen for the Jewish Poor." There's a symbolic soup tureen above the front door.



Pomegranate chicken.



Salmon platter for two.

The tour also brought us to the 1701 Bevis Marks Synagogue, oldest operating synagogue in the United Kingdom. Its pillars, balconies, and elaborate candle chandeliers may remind you of Touro Synagogue in Newport. Overall, Touro is airier, Bevis Marks, with its long dark, straight back benches, more severe.

At the end of the walking tour, Kolsky gave me precise directions for ambling down Brick Lane, where block after block of what once were Jewish businesses now features establishments like Al-Halal Fried Chicken and The Famous Curry Bazaar ("Authentic Indian & Bangladesh Cuisine"). I skipped a business called Beigel Shop, alighting at number 159 – Beigel Bake Brick Lane Bakery.

This was one of the best things that ever happened to me.

Dozens of customers crowded inside, snaked along shelves and display cases bulging with bagels, challahs, rye breads and pastries, and placed their orders. The line moved quickly. "Next, please." "Mustard?" "11 pounds, 10 pence, please." Many folks were ordering bagels to eat on the spot – at a tiny counter or on the sidewalk outside. You could get a bagel filled with smoked salmon, or tuna, or even Nutella. But the specialty of the house is a bagel stuffed with thick slices of salt beef, with spicy mustard, and slabs of sweet pickle, which of course is what I ordered. Employees took turns standing near the front window doing the carving and the stuffing. It was mesmerizing to watch, and the eating was pure ecstasy.

The bagel was perfect – soft, yet chewy – and the meat was fatty, but not excessively so.

It would be some time before I would again eat anything so satisfying.

Yes, about five hours.

Welcome to Formans, the sleek restaurant with a black and silver motif in the H. Forman & Son smokehouse that was built when the site of the previous factory was taken for the 2012 Olympics. The main stadium is used by the West Ham United soccer team and you can see the structure, now called London Stadium, from the restaurant.

The company, whose salmon comes from Scotland and whose building looks like a cross-section of a salmon, has been in the East End since it was founded in 1905 by the Russian-Jewish great-grandfather of Lance Forman, the current owner. Lance engaged in a spectacular relocation battle with Olympic and government authorities and wrote a remarkably interesting book about it, "Forman's Games," which is for sale in the restaurant. I had had some email correspondence with Forman, and when I arrived at the restaurant for an early supper, manager Inda Mourino was waiting for me – and he waited on me.

I had come during "lounge" hours – the main dining room wasn't to start serving for awhile, but Mourino let me sit in it anyway. A man and woman on an outdoor terrace were the only other customers in sight. It was odd – but wonderful.

I ordered the salmon platter for two, which Mourino said was not all that big. But in fact it was as large as a hockey rink, and it was gorgeous. There were so many varieties of salmon and gravlax, accompanied by miniature buckwheat blinis, pumpernickel, capers, chopped shallots and crème fraiche, that I had to draw a map to keep it all straight.

Mourino said, "You can't get it any fresher."

I dug into the various offerings, including chunks of royal fillet, sliced wild salmon, hot smoked salmon, wasabi and ginger gravlax, and kept chugging away. I was savoring every bite and every taste sensation, and, indeed, I was so immersed in the task – I actually finished about 80 percent – that at one point I looked up and out the window and was almost surprised to see the stadium; I had forgotten all about it. I won't soon forget the meal.

The first dinner my wife Elizabeth and I shared on our trip was at one of the four Ottolenghi eateries here. It's very probable you own "Jerusalem," the cookbook Yotam Ottolenghi, who grew up on that city's Jewish side, authored with Sami Tamimi, who grew up on the Arab side. Together, they opened these London establishments. We went to the one on Motcomb Street in Belgravia.

Most customers of this shop order takeout from a sumptuous array of offerings that look like they jumped off the pages of glossy food magazines, but we savored ours at a communal table in back.

I chose beef kabob, roasted eggplant and tabbouleh.

Elizabeth chose carrot fennel sweet potato fritters and mixed green beans with walnuts.

We also treated ourselves to salt caramel and chocolate brittle, a date and oat bar, and a dark cake topped with pistachios. I'm not complaining, but this required ignoring such other options as a white chocolate cheesecake tart with raspberry compote or malted banana tea cake with dulce de leche.

Later in the trip I returned for breakfast: a superb, tangy shakshuka, the North African egg, tomato and pepper dish popular in Israel. I nursed a cappuccino and perused my London Daily Telegraph, and I felt I was living large.

But the dinner we enjoyed at Honey & Co. surpassed everything. This restaurant is run by former top Ottolenghi employees, the Israeli husband-and-wife team of Itamar Srulovich and Sarit Packer.

This place is tiny, accommodating perhaps 30 diners, including the outdoor space. The kitchen is downstairs. Yellow and blue "Honey & Co." cookbooks line a shelf that hovers over customers. Elizabeth and I were nestled in a corner with gorgeous desserts beckoning us from a counter above.

For appetizers, we shared a collection of such Middle East offerings as falafel with tahini and hummus, whipped feta and beans, pickles, olives, and breads with olive oil. There were cheese buns, and a sweet corn dish, and, beyond everything else, an ethereal peach and goat cheese salad.

My main course was pomegranate chicken with cracked wheat, dried currant and herb salad. It was a work of art for the eye to behold, and a delight for the palate. The same for Elizabeth's slow-cooked lamb shoulder with pita, mint, yogurt, and pomegranate.

The absolute highlight was the extravagantly rich, sensuous, beautiful dessert we shared: a generous helping of "cold cheesecake" – a mix of cream cheese, heavy cream, confectioner's sugar, honey, creamy feta, and vanilla – over a bird's nest of crunchy, stringy kadaif pastry, drizzled with raw honey, and garnished with blueberries and almonds.

It is the restaurant's signature dish. The full recipe and directions – "Feta & honey cheesecake on a kadaif pastry base" – take up two full pages in the restaurant's namesake cookbook. Three if you include the picture.

The book calls this dessert "quite ambitious for home preparation."

Take the hint. Fly to London and order it in the restaurant.

It's worth the trip.

M. CHARLES BAKST is a retired Providence Journal political columnist.

Zelniker Conference focuses on experiential education

BY LARRY KATZ

Experiential education is the focus of the Jewish Alliance's educators' conference on Sept. 6. Mark S. Young will present "HANDS ON and MINDS ON: Engaging with Experiential Education to Achieve Our Jewish Educational Goals."

Young will engage educators in various modes of learning and reflection, allowing participants to gain a basic understanding of the philosophy and pedagogical approaches of experiential education within a Jewish educational setting.

Participants will learn to apply strategies, tools and concepts of experiential education within their particular student-learning environment. Participants will also learn with and strengthen the relationships of their network of colleagues, both familiar and new. Throughout the evening they will explore, reflect, achieve some "flow" (come to learn what this means!) and have fun.



Mark S. Young

These strategies, tools and concepts of experiential education are immediately applicable within the learning environment (including intentionality, active facilitation, building relationships, learner empowerment, understanding group dynamics, and reflection).

Young is the managing director of the Leadership Commons, a center within the William Davidson Graduate School of Jewish Education at the Jewish Theological Seminary (JTS) in New York, where "thinkers, doers and visionaries" from all corners of Jewish education come together to learn, create and collaborate for the common good of the Jewish people in North America.

He previously served as program coordinator of the school's Experiential Learning Initiative, launching the Jewish Experiential Leadership Institute (JELI) for JCC professionals and advancing experiential learning within the school's master's program. Young regularly consults with synagogues, Jewish camps, youth groups, Hillel, JCCs and other Jewish organizations in the areas of experiential Jewish education, leadership training, how to best value the Jewish workforce, and career coaching.

Ella and Sarah Zelniker (of blessed memory) established an endowment fund at the then Bureau of Jewish Education of Rhode Island in memory of their beloved parents, Joseph and Leba Zelniker. Recognizing the importance to their parents of tradition and learning, they chose to memorialize them through Jewish education. The Joseph & Leba Zelniker Endowment Fund brings outstanding Jewish educators to the community. Zelniker scholars meet with Rhode Island Jewish educators in this conference. Noting the importance of professional growth on the part of their faculties, Jewish schools cancel classes so that teachers and principals can study and learn together.

Also at the conference, Tonya Glantz will be recognized as the recipient of the Lea Eliash/Grinspoon Award for Excellence in Jewish Education. (More on this award in the Aug. 25 Jewish Voice.)

The Joseph and Leba Zelniker Conference begins at 5:30 p.m. with a light supper at the Alliance's Dwares JCC. The professional development program begins at 6 p.m. Teachers in Alliance-affiliated schools should register through the education directors of their schools. For more information, contact Larry Katz at lkatz@jewishallianceri.org.

LARRY KATZ is director of Jewish Life and Learning at the Jewish Alliance.

Temple Beth-El to provide post-B'nai Mitzvah guidance

Providence's Temple Beth-El is one of 10 Reform congregations in North America selected to participate in the newly formed Union for Reform Judaism (URJ) Community of Practice dedicated to Post-B'nai Mitzvah Innovators. This URJ Community of Practice (CoP) is a congregational networking group for Reform congregations that are seeking to discover new ways to engage teens and families in the years after celebrating a Bar or Bat Mitzvah.

"The past year has been filled with exciting and progressive innovations in the Rabbi Leslie Yale Gutterman Religious School. Participating in this Community of Practice felt like the next logical step in our own process of reflection, transformation, and growth," said Rabbi Sarah Mack, director of education.

By participating in this initiative, Temple Beth-El will have the opportunity to meet with leaders from congregations with common interests to share ideas and experiment with new strategies. Temple Beth-El will also have access to the URJ's professional staff and expert consultants, some of the most renowned "thought leaders" in their fields.

"Across North America, people hunger for real connections. They want – they need – to be part of meaningful communities," said URJ President Rabbi Rick Jacobs. "The URJ Communities of Practice will give Reform congregations opportunities to work together, take risks, explore new ideas, innovate and have unprecedented access to top experts."

The 10 congregations in the Post-B'nai Mitzvah Innovators CoP will work together formally for 20 months to push the boundaries of existing congregational efforts to engage their teens. Participating congregations will receive guidance from peers and advisors to experiment in their own communities, create congregational innovations, and garner skills that will benefit all areas of congregational life.

"The dynamic conversation that has been a part of our Task Force process will, no doubt, be enriched by our participation in this Community of Practice," said Dr. Lesley Bogad, chair of the RLYGRS Task Force. "After nearly two years of curricular and logistic transformation in PK-6, we are ready to approach our post b'nai mitzvah learning."

This CoP will include an in-person meeting for congregational staff and lay leadership involved in the initiative in March 2018. There also will be monthly virtual gatherings and e-learning opportunities. Finally, results of these strategic experiments will be shared with congregations outside the CoP and with the Reform Movement at large. "URJ's Communities of Practice (CoP) inspire congregations to build the skills to experiment and innovate in areas of congregational life that are important to them. We connect congregational leaders to each other as well as to experts, valuable resources, and learning opportunities. The cohort model allows congregations to engage with a group to experiment, lowering the risk and sharing learning," said Amy Asin, URJ vice president of strengthening congregations.

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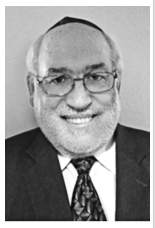
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Facing challenges with good faith

Parsha: Ekev

Sometimes, when faced with enormous challenges, we raise our hands to the sky and proclaim: "It's impossible!" Sometimes, when faced with seemingly unbeatable odds, we shrug our shoulders and mumble: "It can't be done!" Sometimes, when faced with what we believe are insurmountable obstacles, we shake our heads as if to say – "No way!"



RABBI ETHAN ADLER

Sometimes, when we think about what we think we can and cannot do, we internalize a negative posture: "Nope, it ain't gonna happen!" However, this week's portion, *Ekev*, attempts to shatter this negative stance. It shows us that, in Sammy Davis Jr's immortal words: "Yes, I can!"

If you have been following our Torah readings for the past few weeks, you know that, at this point in the narrative, Moses is saying goodbye to the Children of Israel. They have been traveling together throughout the Wilderness of Sinai, and are about to cross the Jordan into the Promised Land. Alas, Moses will not be able to join them and so, as his parting gift, he recalls the past 39 or so years,

And what he recalls are all the events that would have been thought impossible, had they not been performed by God. Their liberation from the centuries-long slavery in Egypt, their miraculous trek through the Red Sea, their very survival in the wilderness, their victories over enemies who were mightier and more numerous. (By the way, this also sounds like the story of modern Israel!) Moses brings to mind the engraving of the Ten Commandments with God's words of fire; and manna from heaven; and a pillar of cloud to lead them by day, and a pillar of fire to lead them at night. So far, we would all agree that these events "seem" impossible, or at least improbable. Yet, they were all executed, in full view of all the men, women and children who were there.

Then, as if to really emphasize how God makes the impossible possible, he reminds them of a time when a most unusual, unpredictable and mysterious incident took place. The people were thirsty, and lo and behold, Moses, with God's help for sure, was able to get water to come gushing out of a rock! I remember living in a small settlement in Israel when we could barely get water out of faucet, never mind out of a rock!

Moses seems to be saying that we, ourselves, also have the power to make possible what may at first appear impossible. And how do we do that? Well, the Torah offers us a clue. Several times, Moses describes the actions of God as accomplished by a "*Yad Chazaka, Uzroa Netuya*," That is, by a strong hand and an outstretched arm. So, the lesson might be this: in order for us to face challenges and meet goals that give the impression of being unattainable, we need two things – a *Yad Chazaka* – a strong hand, a strong will, a strong motivator, a strong desire to achieve. Then, once we have those necessary tools, we can perform the second part – *Uzroa Netuya* – stretching our arm and reaching for whatever it is we are striving for. In a way, we need to talk the talk AND walk the walk. We need to make ourselves strong, and then go forth and do it!

Whatever our desires, whatever mountains we wish to climb, with a *Yad Chzaka* and a *Zroa Netuya* (and a good dose of faith), we can all make water flow from a rock!

ETHAN ADLER is rabbi of Congregation Beth David in Narragansett.



Israeli couples embrace a rabbinical prenup

JERUSALEM (JTA) – Recognizing *Tu b'Av,* the Jewish Day of Love, the Tzohar rabbinical organization said that public interest is increasing in its *halachic* prenuptial agreement.

Tu b'Av was observed this year on Monday, the 15th day of the Jewish month of Av [Aug. 7].

The *Heskem B'Ahava*, or Agreement of Love, was introduced in 2015 to prevent legal and *halachic*, or Jewish legal obstacles, in the event of the dissolution of a marriage.

Nearly 2,000 couples have signed the agreement before their weddings, with many more inquiring about it in recent months, according to Tzohar.

The organization hopes to make the agreement standard practice ahead of all Jewish weddings in the hopes of avoiding such issues as *agunot*, or chained wives.

Rabbinical and legal scholars drafted the agreement to address cases in which one spouse refuses the Jewish divorce, often demanding large sums of money or child custody in exchange for the "*get*."

"Every couple who goes under the *chuppah* deserves to play a part in addressing the growing problem of people trapped by their spouses because of the absence of these types of agreements," Rabbi Uri Ganzel, director of the Heskem B'Ahava Program, said in a statement. "So by signing on, a couple is able to help make this process more mainstream and combat that trend with the hope that it will one day be completely eradicated from our society."

Founded in 1996, Tzohar's core program provides *halachic* weddings for Jewish couples in Israel as a legal alternative to marriage under the *haredi* Orthodox-dominated Chief Rabbinate. More than 50,000 weddings have been performed under Tzohar's auspices, with 20 scheduled this year for *Tu b'Av.*

"When the couple is standing under the *chuppah* and dreaming of their lives ahead together, all they can think of is love," said Tzohar's founder, Rabbi David Stav. "But the reality of life is there will be other marriages that don't thrive in the way yours hopefully will.

On their behalf, you deserve to be a part of making this agreement standard practice."

Candle Lighting Times

Greater Rhode Island

August 11	**7:32**
August 18	**7:23**
August 25	**7:12**



Congregation Beth David of Narragansett, Rhode Island

Congregation Beth David
Narragansett, Rhode Island

Open House

Friday evening, August 18 at 8 p.m.
Saturday morning, August 19 at 9 a.m.

102 Kingstown Road, Narragansett

Prospective members and the entire community are invited to discover a vibrant multi-generational community, whose focus is to meet the diverse spiritual, religious, educational and social needs of our members.

For more information visit our website at www.cbdri.org or call 401-789-3437

I went to camp – for a day



EDITOR

FRAN OSTENDORF

What have you been doing this summer? Many people have been traveling. I know that from the photos we've received showing smiling readers holding copies of The Jewish Voice. We love those photos!

I did many things during July, including taking a short beach vacation, organizing some parts of my home office and simply relaxing in my backyard. But my favorite part of our whole summer break was the day I visited Camp JORI, in Wakefield.

JORI's "off-season" office is right down the hall from The Voice's office at the Alliance's Dwares Jewish Community Center. For months during the off-season, camp Director Ricky Kodner and Assistant Director Aaron Guttin reminded me that I was welcome to spend some time at the Alliance-affiliated camp.

I'm a strong proponent of summer camp. As a child, I attended camp for many summers, including five at a sleepaway camp in Maine. That was a transformative time for me: editing the camp newspaper led me to my chosen profession.

In this summer of weather extremes, including heavy rain and blistering heat, my day at JORI was perfect – a blue sky, warm enough, but not hot. There was even a nice breeze during the heat of the afternoon.

I already knew the history of JORI, which began its life in Narragansett as the summer retreat for children from the Jewish Orphanage of Rhode Island – JORI. The orphanage, on Summit Avenue in Providence, eventually closed, but the camp lived on. In 2003, JORI moved to its current location in Wakefield.

The co-ed camp for children in grades K-10 sits on 72 acres. The bunks are in a large oval, girls on one side, boys on the other. The LIT (Leader-in-Training) program for ninth- and tenth-graders has its own cluster of cabins.

There's a beautiful waterfront on Worden's Pond. The day I visited, I learned about the emphasis on success and safety for campers from Howie Labitt, who has directed the waterfront program for 14 years. Campers can sail, canoe, kayak and fish, gradually learning more skills and becoming more independent on the water.

I have to admit, I'm not much of a water sports enthusiast, but Labitt's enthusiasm is infectious.

In fact, there is abundant enthusiasm at Camp JORI. Assistant Director of Outreach and Engagement Sharon Sock spent several hours showing me around – the bunks, the fields, the pool, the preparations for the next drama production. I then ate lunch with the whole camp, where I got an enthusiastic welcome in song.

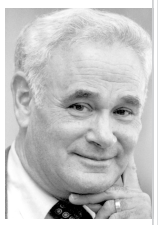
I learned that JORI, like the camps I'd attended, has a whole host of traditions. For example, all those wooden signs displayed in the art cabin are from years and years of bunk groups making name signs each summer. And, as a Jewish summer camp, there are Shabbat traditions of Friday dinner, Saturday events and a Havdalah campfire. In addition, JORI hosts a number of Israeli counselors and the Alliance's Israeli emissary spends the summer at the camp, helping with programming about Israel.

Spending time at Camp JORI made me a bit nostalgic for my own summer camp days. I'll never forget falling asleep to all those outdoor night sounds. I still look back fondly on those camp drama productions and the end-of-camp banquet. Those traditions are something a camper will never forget.

Back to School!

The next Voice is our back-to-school issue. Don't forget to send us your school news and information. It's all due to the paper by Aug. 16 for publication on Aug. 25.

The language of war



IT SEEMS TO ME

RABBI JIM ROSENBERG

A little more than 2,000 years ago, the Roman poet Horace (65 BCE-8 BCE) wrote: "*Dulce et decorum est/Pro patria mori*. It is sweet and fitting to die for one's country." Much of modern English literature is a refutation of Horace's words.

During World War I, the English poet Wilfred Owen (1893-1918) wrote "*Dulce et Decorum Est"* – an ironically titled poem: there is nothing "sweet and fitting" in being a foot soldier in the British army during the so-called "Great War." Owen underscores the soul-destroying daily drudgery: "Bent double, like old beggars under sacks,/ Knock-kneed, coughing like hags, we cursed through sludge."

The majority of his 28-line poem describes the terror of a gas attack and the horrific fate of an unnamed soldier who fails to get his gas mask on in time: "In all my dreams before my helpless sight/He plunges at me guttering, choking, drowning…

"If you could hear at every jolt, the blood/Come gargling from the froth-corrupted lungs…"

In his concluding lines, Owen damns Horace's ode to patriotism unto death. Those who have experienced the guts and gore of war "would not tell with such high zest/ To children ardent for some desperate glory, /The old Lie: *Dulce et decorum est/Pro patria mori*."

Another deep irony regarding this poem: Owen was killed in battle at Sambre-Oise Canal in France on Nov. 4, 1918, just one week before the Armistice.

While Owen focuses his poem on the anonymous victim of a World War I gas attack, Randall Jarrell (1914-1965) devotes five lines of verse, "The Death of the Ball Turret Gunner," to the fate of an anonymous World War II soldier, whose duty was to fire explosive shells at enemy aircraft from a cannon housed in a plexiglass turret mounted on the underbelly of an American bomber. Though he was not a pilot, Jarrell served in the American Army Air Corps – which later became the United States Air Force – during the Second World War. His first-hand knowledge of these bombers enabled him to write with such striking and unnerving precision. The imagined nameless gunner speaks of his own death: "Six miles from earth, loosed from its dream of life/I woke to black flack and the nightmare fighters. /When I died they washed me out of the turret with a hose." Both Owen and Jarrell issue the same warning: Do not "prettify" the ugliness of war. Do not use abstract words to erase the carnage of specificity.

Of course, war is hell. But sometimes, the refusal to go to war against an enemy who presents a clear and present danger leads to a different kind of hell: the hell of subjugation. If the United States did not fight and win the war against the Nazis and Fascists in Europe and the Imperialists in Japan, we could well be living as slaves under a tyrannical government. If Israel did not fight and win the War of Liberation in 1948, the Six-Day War in 1967, and the Yom Kippur War of 1973, there could well be no Israel today. That is to say, there are times when it is altogether sweet and fitting to sing "The Star-Spangled Banner" and "*Hatikvah*."

The age-old tension between the hell of war and the hell caused by not going to war against threatening enemies is reflected in the words of our *Tanakh*, our Hebrew Bible. On one hand, we have the well-known words of the prophet Isaiah (2:4), literally written in stone on a park wall across First Avenue from the United Nations building: "They shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war anymore."

On the other hand, we have the less well-known words of the prophet Joel (3:10): "Beat your plowshares into swords, and your pruning hooks into spears; let the weakling say, 'I am a warrior.'" Add to this some troubling words in the Song of the Sea (Exodus 15:3): in offering their thanks to God for saving them from Pharaoh's army, the Israelites proclaim: "*Adonai ish milchamah*, Adonai is a man of war." While these words need to be understood within the context of our people's great escape from Egypt, they nevertheless come dangerously close to the often-destructive sentiment, "God is on our side."

The profound ethical and emotional paradoxes found everywhere in the waging of war are expressed with great sensitivity in what many think is the oldest poem in the Hebrew language, the "Song of Deborah" 12th Century BCE, (Judges 5). On many levels, the poem is the celebration of the military victory of the Israelites over the Canaanite King Jabin and Sisera, the commander of his army. During the course of the poem, we learn that Jael, wife of Heber the Kenite, "[m]ost blessed of women," lures Sisera into her tent, gives him milk when he asks for water, covers him with a rug. As soon as Sisera falls asleep, she drives a tent peg through his head: "she crushed his head,/ she shattered and pierced his temple."

While "The Song of Deborah" celebrates the leadership of the judge and prophetess Deborah, and the daring of Jael, the author concludes by drawing attention to a third woman, the mother of Sisera, who is waiting for her son to return, not knowing that he lies dead by the hand of Jael: "out of the window she peered, /the mother of Sisera gazed through the lattice: / Why is his chariot so long in coming?" (Judges 5:28) The author of this ancient poem remains unknown. Whoever he (or she) was, he (or she) understood that even the greatest triumphs of war are darkened by the tears of bereaved mothers.

JAMES B. ROSENBERG is rabbi emeritus at Temple Habonim in Barrington. Contact him at rabbiemeritus@templehabonim.org.

OUR MISSION

The mission of The Jewish Voice is to communicate Jewish news, ideas and ideals by connecting and giving voice to the diverse views of the Jewish community in Rhode Island and Southeastern Massachusetts, while adhering to Jewish values and the professional standards of journalism.

COLUMNS | LETTERS POLICY

The Jewish Voice publishes thoughtful and informative contributors' columns (op-eds of 500 – 800 words) and letters to the editor (300 words, maximum) on issues of interest to our Jewish community. At our discretion, we may edit pieces for publication or refuse publication. Letters and columns, whether from our regular contributors or from guest columnists, represent the views of the authors; they do not represent the views of The Jewish Voice or the Alliance.

Send letters and op-eds to: The Jewish Voice, 401 Elmgrove Ave., Providence, RI 02906 or editor@jewishallianceri.org. Include name, city of residence and a contact phone number or email (not for publication).

Aliyah – 10 Years Later

When I turned 10 years old, I remember thinking how cool it was to have a double-digit age.



DANIEL STIEGLITZ

That first year of double-digits made the age of 10 feel special for that reason alone. A decade, especially the first decade of one's life, is a long time. Many memories from that first decade of life, almost all of which come from growing up in Providence, are either completely lost or are a bit fuzzy to me. But I still look back on them fondly as the initial years of my life, where I began discovering the person I am.

My *aliyah* feels much the same way. Moving to Israel was a re-birth of sorts. I arrived a full-blooded Jewish-American, unsure of how I would fit into Israeli society. Who would I be or become in Israel? The main difference between the first 10 years of my life and the first 10 years of my life in Israel is that I remember so much more about my years in Israel. From the flight that brought me here, to those initial hours, days, weeks, months and years.

One memory in particular has been grabbing my attention these past weeks. I first wrote about it in this newspaper about seven years ago. I was taking a taxi from one part of Jerusalem to another. The taxi driver and I struck up a conversation, and I told him how I'd been living in Israel for just a few years and how much I loved it here. He scoffed, telling me that I was seeing the country through rose-tinted glasses and that it would eventually pass. I asked him how long I'd have to stay in Israel with my rose-tinted view of Israel before he'd believe that my love of the country was genuine. He answered, "10 years."

So now it's 10 years of living in Israel. And do I still have that positive view of Israel that the taxi driver scoffed at? The answer is, "Yes! Most definitely! I do! I do! I do!" I write that with such enthusiasm because it's true. At any point in the last 10 years I could have given up, packed my bags and moved back to America. There have certainly been low points that have made me ask myself whether I should stay or go. And the answer, clearly, has always been to stay.

The longer I've been here, the more I understand this country. And the reverse is also true – I've found that each year I understand America less and less. So much so that I think it would be a culture shock for me to come back.

Yes, Israel definitely has its flaws. There's no question about that. But what country doesn't! One way I've learned to appreciate daily life here is to weigh things that may frustrate me about daily life against things such as this:



Daniel Stieglitz on the day he made aliyah.

Around 2002, in the middle of the second Intifada, one of my college professors in New York stated to the class, "Israel is the safest place in the world!" We all looked around, not sure if we should disagree with him since there was a lot of violence from the Intifada. While none of us believed it was as dangerous as news outlets depicted it, calling it "the safest place in the world" was a bit of a stretch. Then the professor finished his statement by saying, "For the Jews!" To that we all nodded our heads in agreement.

Ten years is a long time. And for this long decade I've had the honor of calling Israel my home. I know that I'm still becoming the person that I'll be for the rest of my life. For all of us, I don't think the journey of discovery to figure out who we are meant to be should end until the day that we die. One thing that I know for certain is that I want to contribute as much as I can to the Jewish people and the rest of the world's population through the land of Israel. It is my belief that the future of the Jewish people rests here, in Israel, and I want to be where that future lies.

Until now I've always asked myself what the coming year will bring. Now I think it's time to start asking what the coming decade will bring. If it is anything like the first decade, then I'm certainly in for all the highs and lows that come with any life, along with discovery, adventure, and more memories.

DANIEL STIEGLITZ (dstieglitz@gmail.com), a Providence native, made aliyah in 2007. He holds a master's degree in creative writing from Bar Ilan University; is a certified Life Coach; does freelance content writing; and lives in Jerusalem. He has had two short stories published in Fiction-Magazines.com publications.

Now is the time to work together

BY GEORGE M. GOODWIN

No doubt many members of Newport's Congregation Jeshuat Israel were not merely disappointed but shocked on Aug. 2, when the U.S. Court of Appeals for the First Circuit, in Boston, reversed the May 16, 2016, decision by Judge John J. McConnell, Jr., of the U.S. District Court for the District of Rhode Island.

In a unanimous, three-judge opinion written by retired Associate Justice David H. Souter of the U.S. Supreme Court, the Court of Appeals ruled that New York's Congregation Shearith Israel was not the trustee but the owner of Touro Synagogue as well as its contents and land. Consequently, Jeshuat Israel was forbidden to sell a set of 18th-century *rimonim* (Torah finials), worth approximately $7 million, to Boston's Museum of Fine Arts, in order to bolster its finances.

In comparison with Judge McConnell's lengthy decision, which had been based on nine days of testimony by seven witnesses and 900 exhibits, Justice Souter's decision was succinct. Rather than scrutinizing the convoluted history of the *rimonim's* ownership, for example, he focused on the 1903 and 1908 leases between the two congregations. By doing so, he rejected Jeshuat Israel's contention that it was somehow the successor to Yeshuat Israel, Newport's colonial-era congregation, or that a trust between the Newport and New York congregations had been somehow abused or violated.

Although I can understand its disappointment and shock, I hope that Jeshuat Israel will decide against an appeal to a full panel of Court of Appeals judges or to the U.S. Supreme Court. Not being a lawyer, I am unable to appreciate most of the subtle legal issues at stake, which had been impressively argued by the plaintiff's and the defendant's attorneys. But as a Jewish Rhode Islander, who cares deeply about Touro Synagogue's fate, I fear worsened relations between the revered but wounded congregations.

I regret that Jeshuat Israel ever brought a lawsuit against its sister congregation. In order to avoid a bitter, expensive and public lawsuit, Shearith Israel had originally proposed a ruling about the *rimonim's* ownership by a *beit din* (a religious court), which Jeshuat Israel rejected. But I also regret Shearith Israel's threat, during the trial in District Court, that it could expel Jeshuat Israel from Touro Synagogue and replace it with a new congregation devoted to Orthodox ritual and tradition.

The simple fact is that the Newport and New York congregations have always needed each another. Most likely, there never would have been a colonial-era cemetery or congregation in Rhode Island without the glorious precedent of North America's first Jewish congregation, established in 1654. Similarly, Shearith Israel provided funds for the construction and maintenance of America's second oldest synagogue, which had been erected in 1763, only 33 years after its own.

Since the 1820s, when the last Jews departed Newport, Shearith Israel served not only as a partial caretaker of Yeshuat Israel's property, but provided rabbinic oversight and inspiration to summer visitors before a new wave of Jews settled in Newport during the late 19th-century and, in turn, established rival congregations. Eventually, on quite generous terms, Shearith Israel was eager to see Touro Synagogue returned to its original use. Indeed, the New Yorkers helped enable a miracle: the revival of Newport's Jewish communal life.

Newport's Jewish community also deserves enormous praise and credit. Its dedication and leadership also made possible the fulfillment of New York's dream. Indeed, the Newport community has shouldered the lion's share of financial responsibility over many decades. It has heroically and joyously persevered against considerable odds.

Neither congregation can survive and prosper without relying upon the other. Indeed, during the trial, Shearith Israel offered greater financial assistance. The president, who led its legal team during the trial and appeal, has publically sought an end to hostilities. Given Jeshuat Israel's commitment over nearly 70 years to function as an Orthodox congregation (despite the preferences of many members), Shearith Israel can also provide further encouragement and guidance.

Without working together for each congregation's best interests, Newport and New York might face dreadful, if not catastrophic, choices. What would happen if Jeshuat Israel could not sustain itself? As in the past, it would have no choice but to turn to Shearith Israel, both its sister and mother congregation. And what would Shearith Israel do in the event of Jeshuat Israel's demise? Its moral stature would be horribly tarnished. And it would have to struggle mightily to help create a new congregation based on its predecessor's significant and honorable record.

For the sake of *Klal Yisrael*, let the warring congregations renounce further legal actions! Let them strive for for mutual respect, understanding and cooperation.

GEORGE GOODWIN, a member of Temple Beth-El and Touro Synagogue Foundation, is editor of "Rhode Island Jewish Historical Notes." He and his wife, Betsey, first visited Touro in 1983, four years before moving to Rhode Island.

Ongoing

Alliance Kosher Senior Café. Kosher lunch and program every weekday. Temple Emanu-El, 99 Taft Ave., Providence. Noon lunch; 1 p.m. program. $3 lunch donation from individuals 60+ or under 60 with disabilities. Neal or Elaine, 401-338-3189.

West Bay Kosher Senior Café. Kosher lunch and program every weekday. Temple Sinai, 30 Hagen Ave., Cranston. 11:15 a.m. program; noon lunch. $3 lunch donation from individuals 60+ or under 60 with disabilities. Steve, 401-743-0009.

Friday | August 11

T.G.I.F. Thank G-D It's Friday. 5:45-7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Shabbat songs and story with Rabbi Aaron Philmus. Kiddush and free kid-friendly Shabbat dinner. Donations welcome. Information or to RSVP, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Kabbalat Shabbat Service. 7:30-8:30 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Shabbat service followed by an Oneg. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Saturday | August 12

Taste of Shabbat. 9-11 a.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. 9 a.m. Torah discussion and 9:45 a.m. Shabbat service followed by a light Kiddush. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Minyan Breakfast and Torah Study. 9:30-10:30 a.m. Temple Sinai, 30 Hagen Ave., Cranston. Weekly breakfast and Torah study in the downstairs chapel. All are welcome. Information, Dottie at 401-942-8350.

(401)j Shabbat in the Park. 1-3 p.m. Goddard Memorial State Park, 1095 Ives Road, East Greenwich. Eat, relax, hang out and have some fun. BYOSL (Bring Your Own Shabbat Lunch). No RSVP required. Information, Dayna Bailen at dbailen@jewishallianceri.org or 401-421-4111, ext. 108.

Sunday | August 13

World Premiere of "Etched in Glass: The Legacy of Steve Ross." 2:15-4:30 p.m. Moses Brown School – Woodman Performance Center, 250 Lloyd Ave., Providence. This documentary tells the story of Steve Ross, who as a boy endured five years in 10 concentration camps during World War II. He was rescued by an American soldier who showed him kindness and gave him a little American flag. This sparked his resilience and propelled him to dedicate his life to helping disadvantaged young people as a youth worker for over 40 years. Ross then became the driving force behind the creation of the New England Holocaust Memorial. The powerful story takes a key turning point in Rhode Island in August 2012. Film run time: 55 minutes. Cost: $10. Ticketing: http://riiff.festivalgenius.com/2017/films/etchedinglassthelegacyofsteveross_rogerlyons_RIIFF. Information, Tony Bennis at Info@steverossfilm.org.

Monday | August 14

Canasta. 7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Learn how to play if you don't already know how. Open to members, non-members, men and women. Free. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Tuesday | August 15

Falmouth Jewish Congregation's 2017 Summer Jewish Film Festival: "Fanny's Journey." 2 and 7:30 p.m. Blanche & Joel D. Seifer Community Center, 7 Hatchville Road, E. Falmouth, Mass. The season closes with the popular, multiple award-winning Holocaust drama "Fanny's Journey," a French/Belgian production that has won audience awards at Jewish film festivals across the country. Based on a true story, this tale of bravery, strength and survival is the story of a daring young girl who will stop at nothing and fears no one. In 1943, 13-year-old Fanny and her younger sisters were sent from their home in France to an Italian foster home for Jewish children. When the Nazis arrive in Italy, their caretakers arrange the escape of the children to Switzerland. When they are suddenly left on their own, the 11 children persevere and reach the Swiss border to freedom. 94 minutes long, in French with English subtitles. Film screening is followed by a guided discussion led by Pamela Rothstein, festival organizer and Falmouth Jewish Congregation's director of lifelong learning. Everyone is welcome. Facilities and parking are accessible. Doors open 30 minutes prior to screening. Refreshments included in entry price. Cost: $10 members, $15 non-members. Festival is supported, in part, by a grant from the Jewish Federation of Cape Cod. Information, Pamela Rothstein at pbrothstein@comcast.net or 508-540-0602.

LGBTQ Gathering with Temple Clergy. 7-9 p.m. Temple Beth-El, 70 Orchard Ave., Providence. Meet the clergy. RSVP, email info@temple-beth-el.org or call 401-331-6070.

Wednesday | August 16

Mah Jongg. 7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Open to members and non-members. Bring your friends and your 2017 Mah Jongg card. Free. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Friday | August 18

Temple Torat Yisrael's Beach Shabbat. 6 p.m. Goddard Memorial Park, 1095 Ives Road, Warwick. Experience Kabbalat Shabbat with an informal, interactive family service and lots of singing. The service is held at the picnic tables overlooking the water to the left of the park pavilion. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Open House. 8-9:30 p.m. Congregation Beth David, 102 Kingstown Road, Narragansett. Prospective members and community are welcome. Free. Information, 401-789-3437 or info@bethdavidri.org.

Saturday | August 19

Classic Shabbat Service. 9 a.m.-noon. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Shabbat service followed by a Kiddush luncheon. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.



PHOTO | TAMARISK

The Reggie Centracchio Qunitet will entertain Sept. 3 at A Night Under the Stars at The Phyllis Siperstein Tamarisk Assisted Living Residence in Warwick. Family and friends are invited from 6:30 to 8:30 p.m. Bring lawn chairs or a blanket and your own refreshments to the concert at 3 Shalom Drive.

Minyan Breakfast and Torah Study. 9:30-10:30 a.m. Temple Sinai, 30 Hagen Ave., Cranston. Weekly breakfast and Torah study in the downstairs chapel. All are welcome. Information, Dottie at 401-942-8350.

Monday | August 21

Canasta. 7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Learn how to play. Open to members, non-members, men and women. Bring your friends. Free. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Tuesday | August 22

Jewish Community Day at the PawSox. 7 p.m. McCoy Stadium, 1 Columbus Ave., Pawtucket. The Jewish Alliance of Greater Rhode Island is sponsoring this event, which is open to the entire community. Cost: $10 per ticket, includes a $2 voucher to use at concession stands. To purchase tickets, go to TicketReturn.com and log in using User ID: jewishalliance | Password: pawsox. Information, Wendy Joering at wjoering@jewishallianceri.org or 401-421-4111, ext. 169.

Wednesday | August 23

Mah Jongg. 7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Open to members and non-members. Bring your friends and your 2017 Mah Jongg card. Free. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Friday | August 25

Shabbat under the Stars Picnic with Guest Scholar Keith Stokes. 5:30-9 p.m. Julie Claire Gutterman Patio, Temple Beth-El, 70 Orchard Ave., Providence. Enjoy a family barbecue at 5:30 p.m. followed by a 7 p.m. Shabbat service under the stars. All are welcome. This year we will also be sharing this Shabbat with our friends from Kahal Kadosh Beth Elohim, Charleston, South Carolina. There will be activities for children and a special Oneg after the service. Temple members: $10. Non-member guests: free. Reserve by Aug. 20 and include how many would prefer a vegetarian dinner option. Rain or shine. Send check to Temple Beth-El or RSVP via phone at 401-331-6070 or on Chaverweb.

Kabbalat Shabbat Service. 7:30-8:30 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Shabbat service followed by an Oneg. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Friday – Sunday | August 25-27

(401)j Shabbaton. Camp JORI, 1065 Wordens Pond Road, Wakefield. From Shabbat experiences to workshops to free time with friends, this is an opportunity to build connections, strengthen Jewish identity, learn, have fun, relax and more. Activities include bonfires, a ropes course, traditional and alternative prayer, meditation, canoeing and kayaking, musical Havdalah, Ultimate Frisbee, morning walks and more. Cost: $45 per person | Private accommodations are available for an additional fee | Refer someone new to Shabbaton, and receive $10 off (401)j's signature Vodka Latke Hanukkah Celebration. Cost includes lodging, food, drinks and all activities. No pets. Register at https://www.jewishallianceri.org/shabbaton-2017-registration/. Made possible by the Jewish Alliance of Greater Rhode Island and a grant from the RI Foundation. Information, Dayna Bailen at dbailen@jewishallianceri.org or 401-421-4111, ext. 108.

Saturday | August 26

Taste of Shabbat. 9-11 a.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. 9 a.m. Torah Discussion and 9:45 a.m. Shabbat service followed by a light Kiddush. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Minyan Breakfast and Torah Study. 9:30-10:30 a.m. Temple Sinai, 30 Hagen Ave., Cranston. Weekly breakfast and Torah study in the downstairs chapel. All are welcome. Information, Dottie at 401-942-8350.

Sunday | August 27

Annual Open House. 10 a.m.-1 p.m. Congregation Agudas Achim, 901 N. Main St., Attleboro, Mass. Learn more about options for Jewish culture, life and education in the Attleboro area. Meet Rabbi Leora Abelson and Education Coordinator Annette Lawson. Current members will also be on hand. Refreshments will be served, and a themed craft will be available for children. The synagogue's band, Briskets and Gravy, will perform at 11 a.m. Congregation Agudas Achim attracts members from southeastern Massachusetts and northern Rhode Island and is affiliated with the Reconstructionist movement. Information, contact the synagogue at office@agudasma.org or 508-222-2243, or visit www.agudasma.org.

Open House. 3-6 p.m. Congregation Or Chadash, 139 Ocean Ave., Cranston. End-of-summer get-together includes a deli buffet Free. Information or to RSVP (by Aug. 21), 401-225-7194 or programming@orchadash-ri.org.

Tie Dye and Pizza Party. 5-7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Everyone in grades 5-12 is welcome. Bring a white cotton t-shirt, pillowcase, towel, socks or anything that is 100 percent cotton and white for tie-dyeing. Dye, pizza and drinks provided. Free. Information or to RSVP (Aug. 24), Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Monday | August 28

Canasta. 7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Learn how to play. Open to members, non-members, men and women. Bring your friends. Free. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Wednesday | August 30

Mah Jongg. 7 p.m. Temple Torat Yisrael, 1251 Middle Road, East Greenwich. Open to members and non-members. Bring your friends and your 2017 Mah Jongg card. Free. Information, Stephanie Reinsant at stephanie@toratyisrael.org or 401-885-6600.

Thursday | August 31

David C. Isenberg Family Early Childhood Center Back-to-School Parent Night. 6:30-7:30 p.m. Dwares JCC, 401 Elmgrove Ave., Providence. Orientation night for ECC families. Information, Jo-Anne Petrie at jpetrie@jewishallianceri.org or 401-421-4111, ext. 180.

Cranston seniors plan Sept. meeting

Cranston Senior Guild's next meeting will take place Wednesday, Sept. 6, at 1 p.m. at the Phyllis Siperstein Tamarisk Assisted Living Residence, 3 Shalom Drive, Warwick. After a short business meeting, the versatile Mike Coletta will entertain the group with music and songs. There will be refreshments and a raffle. All men and women age 55 years plus are welcome to join Cranston Senior Guild. Cranston residency is not required. For more information, contact Lois Cohen at 401-944-2761.

The skinny on delicious low-calorie dishes

BY CYNTHIA BENJAMIN

Eggplant parmesan, 81 calories a serving. A 45-calorie marinara sauce. A 59-calorie peanut butter cup.

Impossible, you say? Not if you know "Secrets of Skinny Cooking"!

Victoria Dwek and Shani Taub's new cookbook (Artscroll/Shaar Press, 2017, $34.99) could be a game-changer for people who want to make lifelong dietary changes to help them maintain a healthy weight – but don't want a lifetime of deprivation.

"Secrets of Skinny Cooking" makes ample use of what chefs call "culinary substitutions," which is the very best way to modify beloved dishes so they retain their flavor but contain less bad stuff. Instead of omitting ingredients such as ricotta cheese, for example, you'd substitute cauliflower – blended to a smooth, creamy, ricotta-like texture – or whip up a cheesecake from Greek yogurt. Imagine guilt-free Fish Fajitas (122 calories), Skinny Pasta Alfredo (185 calories) and Veggie Egg Rolls (55 calories)!

As Taub, a certified nutritionist, points out, "A diet should be a way of life that you can live with forever. It doesn't mean not eating."

In addition to over 135 recipes, from breakfast dishes to "friendly carbs" to smoothies, "Secrets of Skinny Cooking" is replete with tips, or "secrets," on everything from how to sauté onions without cooking oil to how to flavor oil-free popcorn.

But perhaps the biggest secret in this cookbook is that all the recipes are Kosher! Mysteriously, this is not something you'd know from either the name of the cookbook or the cover – but you might get a hint if you're familiar with author and chef Dwek, who is a well-known personality on Kosher.com cooking shows. You'll also find a spattering of Jewish and Israeli recipes in the cookbook, including Lemony Baked Falafel (36 calories), Shabbos Steaks (287 calories) and Rice and Leben (211 calories).

In addition, there's recipes from other cultures, including Asian and Moroccan, and plenty of gluten-free, sugar-free and low-carb choices for those with dietary restrictions.

I prepared several recipes from the cookbook for taste-testing. My usually-eager tasters (friends and family) were somewhat reluctant when they learned that the recipes were from a low-cal cookbook. My son, Benjamin, in fact, was downright scared. But after digging into the Eggplant Parmesan, the Zucchini-Parmesan Pasta (91 calories) and the Lemon Meringue Napoleon (129 calories), he gave a sheepish grin – and two thumbs up.



Mushroom Chili

Yields 4 servings (Meat, Gluten-Free, Low Carb, Sugar-Free, Whole30, Paleo), 295 calories per serving

Ingredients

1 onion, diced
1 tablespoon salt, plus more for sprinkling
2 garlic cloves, crushed
16 ounces baby bella mushrooms, finely diced
1 pound ground meat
1 (28-ounce) can crushed tomatoes
1 tablespoon cumin
1 tablespoon chili powder
1 tablespoon garlic powder
1 teaspoon oregano
Pinch cayenne pepper (or more if you like it spicy)
Pinch smoked paprika (or more if you like it smoky)
Pinch black pepper

Method

1. Heat a large pot over medium-high heat; coat with nonstick cooking spray. Lower heat, add onion and sprinkle with salt. Cover; cook until onion is soft, 5-7 minutes. Add garlic and mushrooms; cook until mushrooms are deeply brown, 15-20 minutes. Add meat; brown, breaking apart meat constantly until meat is no longer red and is cooked through, about 2 minutes.

2. Add crushed tomatoes, cumin, chili powder, garlic powder, 1 tablespoon salt, oregano, cayenne pepper, smoked paprika, and pepper; stir to combine. Bring to a boil, lower heat to the lowest setting. Cover; simmer for 60-90 minutes.

Victoria's note: My whole family enjoyed this chili. The kids don't notice that it was half mushrooms (they eat it in a taco shell). Just dice the mushrooms finely and no one will be the wiser.

Lemon Meringue Napoleon

Yields 12 servings, (Pareve), 129 calories per serving

Wonton Crisps

24 wonton wrappers
2 teaspoons sugar
Cinnamon, for sprinkling

Low-Fat Lemon Curd

10 tablespoons sugar
2/3 cup lemon juice
Zest of 1 lemon
2 eggs

Cooked Meringue

1/2 cup sugar
1/4 cup water
3 egg whites
1/4 teaspoon cream of tartar

Berries of your choice

1. Preheat oven to 350 degrees F. Line 2 baking sheets with parchment paper. Add wonton wrappers; sprinkle with sugar and cinnamon. Bake until golden and crisp, 7-8 minutes.

2. Meanwhile, prepare the curd: Add sugar, lemon juice, and lemon zest to a small saucepan. Bring to a boil to dissolve sugar. Add eggs to a bowl and slowly pour in the lemon mixture, whisking quickly as you pour. Return mixture to the saucepan and cook until thickened, about 2 minutes. Set aside.

3. Prepare the meringue: Combine sugar and water in a small saucepan. Bring to a boil; boil for 4 minutes.

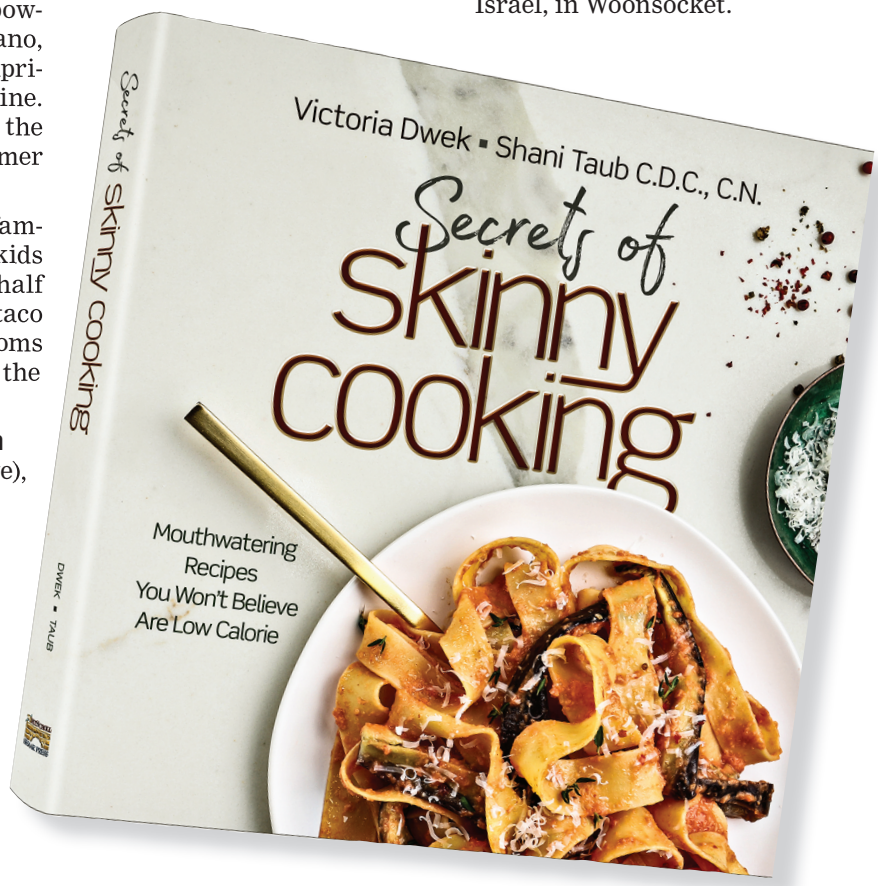
4. Meanwhile, combine egg whites and cream of tartar in the bowl of an electric mixer. Beat until soft peaks form.

5. With the mixer on high speed, very slowly pour hot sugar liquid into meringue. After pouring in the sugar, beat meringue for 7 minutes.

6. To assemble: Top a wonton crisp with a spoonful of lemon curd, 1/4 cup meringue, and berries. Top with a second wonton crisp; serve immediately.

(Recipes reprinted from "Secrets of Skinny Cooking" by Victoria Dwek and Shani Taub, Artscroll/Shaar Press)

CYNTHIA BENJAMIN is an editor, writer and chef. She is a member of Congregation B'nai Israel, in Woonsocket.



PHOTOS | "SECRETS OF SKINNY COOKING" BY VICTORIA DWEK AND SHANI TAUB, ARTSCROLL/SHAAR PRESS

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At the 2016 Shabbaton, participants enjoyed a paint night.



(401)j Shabbaton

BY MATTHEW FLEISCHMANN

Every year, (401)j holds a Shabbaton at Camp JORI, in Wakefield. For the past two years, I have had the privilege of attending not only as a member of the Rhode Island Jewish community, but as a (401)j board member.

Shabbat is a time for relaxation, contemplation and restoration. I will be the first to admit that I am not the best at disconnecting from our fast-paced world filled with beeps, vibrations, chirps and Netflix. However, helping to organize and run Shabbaton provides an opportunity for me to disconnect – and help others to do the same.

(401)j is a popular social group for Jews in their early 20s to mid-40s, and Shabbaton is just one of many programs the group holds every year. This year, Shabbaton will be held Aug. 25-27.

For me, experiencing Shabbat services by the water at Camp JORI is a transcendent experience. As a kid, I attended a few Jewish sleepover camps, one of which held Shabbat services by the side of a lake. I still remember how peaceful it felt, especially during the moments of silence.

I'm amazed that years later, I am still able to have the same experience, but through a different lens. Being around friends and other members of the Jewish community who I've gotten to know since moving here from Toronto three years ago makes me feel more connected to something larger, and that I'm culturally and religiously connected to Rhode Island.

Shabbaton is a wonderful opportunity to connect more deeply to Judaism in whatever way best suits you. It provides a space to reconnect with old friends, make new ones, and relax and take a break from our hectic lives.

While there are plenty of activities at Shabbaton to keep you busy from sunup to sundown, you always have the option to go off on your own for some personal, private time, something many of us rarely get to do.

I encourage everyone to attend – and I look forward to connecting and relaxing with you.

For more information on (401)j, go to www.jewishallianceri.org/jewish-life/401j. To register for Shabbaton, go to www.jewishallianceri.org/shabbaton-2017-registration. The cost is $45 per person, which includes lodging, food, drinks and all activities.

MATTHEW FLEISCHMANN is a (401)j board member.



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7:00 pm Shabbat Under the Stars

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As of 7.31.17

FROM PAGE 1

SONS OF JACOB

the main entrance is the gold-inscribed "Samuel Shore" – and there was great-grandson Charlie, in a proper dark suit with an



SKETCHBOOK

MIKE FINK

elegant necktie, on the balcony to meet and greet the crowd gathering in the various chambers.

Our renowned local *klezmer* band, conducted by Fishel Bresler, brought the music of eastern Europe into the multi-layered rooms, where the local crowd mixed nostalgia for their shared past with their hopes for the future.

I guess my favorite, although faded, detail among the temple's diverse attractions is the depiction of the signs of the zodiac, the astrological, almost "animated," calendar we all know in one form or another. They take on a new/old meaning here for the Jewish people.

See that lamb? It symbolizes the biblical Hebrews, and their sacrifices! Gemini, the twins, stands for the double tablets of the Ten Commandments. Leo, the lion, or "*Aryeh*," somehow suggests that the destruction of the Second Temple was the will of the divine in order that – in its own time and way – it could be rebuilt. The scales of justice claim that all our deeds are weighed – what we do counts.

My own sign is Sagittarius, the centaur with the arrow. The bow of Kislev tells us to trust that the fight against tyranny is inspired by the design of the universe.

Aquarius pours water to nourish trees and their fruit, and Pisces, or Adar, is a metaphor for "concealed reality." The souls of Israel are likened to minnows that swim in the seas – the unconscious mind?

I'm leaving out a few, but you get the point.

Sadly, there is obvious damage to the elegance of these gentle and intelligent pastel pictures, caused by leaks in the roof.

How has Sons of Jacob survived at all? Largely thanks to a wonderful and devoted person named Harold Silverman, who told me just a bit about his personal devotion to maintaining this landmark.

Silverman said, and I'm paraphrasing, "My mother died two-score years ago, and I had to observe the proper traditional prayer of mourning, the

SONS | 15



PHOTO | DOORS OPEN RI

Charlie Fishbein and Debi Fishbein Adams with their great-grandfather, Samuel Shore's art. Shore was one of the founders of Congregation Sons of Jacob and painted the art on the ceiling.



PHOTO | DOORS OPEN RI

Harold Silverman



PHOTO | FRAN OSTENDORF

Looking up at the balcony you can see the beautiful painting and the signs of age.

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Temple Beth-El Summer Celebration

LINCOLN – Temple Beth-El's second "Summer Celebration" and eighth annual Golf Tournament took place at Kirkbrae Country Club on July 17. In addition to golf, the celebration included a cardroom and tennis. An additional 50 Temple members joined in for cocktails and dinner.

Kids had their own party, which included a day at the club pool, a special dinner and video.

Stuart Feldman, vice president of the temple and chair of the oversight committee, and Rob Stolzman, president of the temple, envisioned this event as a temple-wide summer "gala." Golf Chairs Rick Granoff, Bob Greenbaum and Brock Manville, Tennis Chair Lisa Brosofsky and Cardroom Chairs Rose Gergel, Betty Kotlen and Margi White all set goals to ensure the growth and success of the event. And from all accounts, the celebration was a huge success. The day featured bright blue skies, a beautifully groomed golf course, a delightful cardroom and well-maintained tennis courts. Some 170 Temple members and guests enjoyed good food and camaraderie. To top it off, the Summer Celebration netted over $44,000 to support the Rabbi Leslie Yale Gutterman Religious School.

Submitted by Temple Beth-El



Playing cards are (left to right) Margi White, cardroom co-chair; Loretta Bready; Joan Reuter; and Gail Galkin.



PHOTOS | ELAINE SANDY

Lisa Brosofsky, tennis chair, on the courts.



Golf Chairs are (left to right) Bob Greenbaum, Brock Manville and Rick Granoff.

FROM PAGE 14

SONS

Kaddish, and this was the only place that kept the *minyan* according to tradition in the right form, so I kept it all going in her honor." While this is not a direct quote, it's the sense of what he correctly claimed.

And, of course, there were many other important contributors to the splendid launching of the noble campaign to save, restore, and redeem this otherwise-lost world of brick and stone, marble and memory.

At the open house, visitors climbed upstairs and downstairs, to the front and back, indoors to the sanctuary and out back to the garden spaces and courtyard shaded by a summer tree on a sunny day. Many searched for the names of their forebears, family names left behind as the Jewish immigrants of the early 20th century dispersed from what had been labeled "Jewtown" to more assimilated quarters, and as the years, decades, century, millennium, opened and closed.

It was a marvelous event with balloons and goodies, small fry and seniors, neighbors and well-wishers. *L'chaim* to this new museum – which will only happen if the wider world values this Jewish chapter in Rhode Island history embodied in wood and wrought-iron gates both protecting and inviting.

MIKE FINK (mfink33@aol.com) teaches at the Rhode Island School of Design.

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LIVING WELL

Finding the elusive work/life balance... with a little help from your friends



SUSAN BAZAR

As women, we face ever-present challenges, both obvious and hidden. Having a supportive network is a key to survival. A proud mother of three young women, ranging in age from 23 to 33, I position myself as a member of their network, one to whom they can turn anytime, despite the fact that they are all independent, career-oriented individuals.

From the sidelines, I share pearls of wisdom with regularity – far too often, they would say. I do so because I want to optimize their potential and spare them from making inopportune decisions. My goal is to support them as they cycle through their working and personal worlds.

The lack of a perfect recipe for a work/life balance is a common challenge women face. On any given day, one supersedes the other. Pressing matters are often noisiest in our minds. Yet, just because they are noisy doesn't mean they warrant our undivided attention. The trick is to quiet the noise and to determine what is essential. Strategic thinking and prioritizing to the best of our ability are key.

Try not to overextend. In good faith, we think we can weave work priorities, self-care and extracurricular activities into a day. The fact is – there is a limit, and adhering to your limit is hard. Sometimes we have to acknowledge that we can only take on just so many interactions and activities – work-related and extracurricular – in a day. Do not beat yourself up for saying no or for paring back.

Establish goals, short and long term, both work-related and personal. Know they will change, but refer to them often enough to prompt you to evaluate where you are. Make yourself accountable. Life is swift and replete with obstacles that derail us. Find your north stars and let them guide you. Settle on a rhythm of self-assessment that suits you.

Find mentors in the workplace and a network beyond, particularly if you have childcare or adult-care needs. Many women who were stretched to capacity have come before you. Ask them to share their coping strategies. Don't be shy – they are often a wonderful resource.

As a colleague eloquently stated:

"With my life recently, I've had many challenges, but I'm so grateful that I am working. What I have found in the workplace is that sharing my dilemmas with others has helped me to sift through the issues and make decisions based on priorities. The big question is, 'How important is it?' Without my employment, I would not have the many different opinions and the guidance that have become so important to me."

So, though I would like to think I have many answers, indeed, I have few. To the best of your ability, live life with intention. Make self-care a priority. Remember to put your oxygen mask on first so you can sustain yourself and those within your embrace.

My middle daughter mentors many millennial girls and shares this tidbit from her training sessions: "Know that being a woman is your competitive edge. Don't shy away from the importance of intuition and emotional intelligence. Beyond work and your core expertise, they serve you well."

In my view, no truer words were ever spoken!

SUSAN BAZAR (sbazar@jsari.org) is executive director of the Jewish Seniors Agency of Rhode Island.

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The health-wealth connection



BARBARA KENERSON

It's a vicious cycle: Money is one of the greatest causes of stress, prolonged stress can lead to serious health issues, and health issues often result in yet more financial struggles. The clear connection between health and wealth is why it's so important to develop and maintain lifelong plans to manage both.

The Big Picture

Consider the following statistics:

1. More than 20 percent of Americans say they have either considered skipping or skipped going to the doctor due to financial worries. (American Psychological Association, 2015)

2. More than half of retirees who retired earlier than planned did so because of their own health issues or to care for a family member. (Employee Benefit Research Institute, 2017)

3. Chronic diseases such as heart disease, type 2 diabetes, obesity and arthritis are among the most common, costly and preventable of all health problems. (Centers for Disease Control and Prevention, 2017)

4. Chronic conditions make you more likely to need long-term care, which can cost anywhere from $21 per hour for a home health aide to more than $6,000 a month for a nursing home. (Department of Health and Human Services, 2017)

5. A 65-year-old married couple on Medicare with median prescription drug costs would need about $265,000 to have a 90 percent chance of covering their medical expenses in retirement. (Employee Benefit Research Institute, 2017)

Develop a plan for long-term health...

The recommendations for living a healthy lifestyle are fairly straightforward: eat right, exercise regularly, don't smoke or engage in other risky behaviors, limit soda and alcohol consumption, get enough sleep (at least seven hours for most adults) and manage stress. And before embarking on any new health-related endeavor, talk to your doctor, especially if you haven't received a physical exam within the past year.

Your doctor will benchmark important information such as your current weight and risk factors for developing chronic disease. Come to the appointment prepared to share your family's medical history, be honest about your daily habits and set goals with your doctor.

Other specific tips from the Department of Health and Human Services include:

Nutrition: Current nutritional guidelines call for eating a variety of vegetables and whole fruits; whole grains; low-fat dairy; a wide variety of protein sources including lean meats, fish, eggs, and healthy oils. Some medical professionals are hailing the long-term benefits of the so-called "Mediterranean diet."

Exercise: Any physical activity is better than none. Inactive adults can achieve some health benefits from as little as 60 minutes of moderate-intensity aerobic activity per week. The ideal target is at least 150 minutes of moderate-intensity or 75 minutes of high-intensity workouts per week.

And... long-term wealth

The recommendations for living a financially healthy life aren't quite as straightforward because they depend so much on your individual circumstances. But there are a few basic principles to ponder:

Emergency Savings: The amount you need can vary depending on whether you're single or married, self-employed or work for an organization (and if that organization is a risky startup or an established entity). Typical recommendations range from three months' to a year's worth of expenses.

Retirement Savings: Personal finance commentator Jean Chatzky advocates striving to save 15 percent of your income toward retirement, including any employer contributions. If this seems like a lofty goal, bear in mind that as with exercise, any activity is better than none. Consider starting small and then increasing your contributions as your financial circumstances improve.

Insurance: Make sure you have adequate amounts of health and disability income insurance, and life insurance if others depend on your income. You might also consider long-term care coverage.[2]

Health Savings Accounts: These tax-advantaged accounts are designed to help those with high-deductible health plans set aside money specifically for medical expenses. If you have access to an HSA at work, consider the potential benefits of using it to help save for health expenses.

BARBARA KENERSON is First Vice President/Investments at Janney Montgomery Scott LLC and can be reached at BarbaraKenerson.com.

Rhode Island's Gayle Goldin gives back

BY SAM SERBY

State Sen. Gayle Goldin has proven her political prowess throughout her young career in public service. First elected in 2012, Goldin has been instrumental in the passage of several important bills that affect the lives of Rhode Islanders.

Goldin represents the East Side and Fox Point neighborhoods of Providence, where she lives with husband Jeff Levy and their two teenage sons, Zack and Jonah. "The people of the East Side of Providence have such a wealth of expertise and commitment to big-picture policy issues. I love being able to have those conversations with people and bring their ideas to the State House," said Goldin.

"People reach out to me via email, call my office or just mention ideas when we see each other at the grocery store."

During the last legislative session, Goldin introduced the Reproductive Health Care Act in the state senate. If signed into law, the legislation would protect reproductive rights in the state of Rhode Island regardless of any new legislation introduced at the federal level.

She has also helped to pass several other pieces of legislation this year, including automatic voter registration and a bill that puts into law greater protection for student journalists' right to free speech.

In July of 2013, she successfully led the effort to pass legislation on Temporary Caregiver Insurance, which made Rhode Island the third state in the country to create paid family leave and the first to do so with job protection.

Goldin is excited by the prospects for the future of government in Rhode Island.

She said she believes that many people often get stuck on the idea that they haven't "checked off enough boxes" or don't know enough to run for office. But, Goldin explained, the reality is that "in the General Assembly, city councils or whatever other elected body, people's own personal experience helps shape the policies that we pass, so having a diversity of personal experiences is equally as important as having an education or work experience that may lead you to think that you would be better suited for this type of work."

There are many opportunities for young people who may be interested in a career in public service to get involved. "We have many interns from high school and college in the General Assembly," said Goldin. "I recently had a high school student who shadowed me for the last month of the legislative session, and I think you really learn a lot. Many of us [Goldin's colleagues] are happy to share that experience with students who are interested in politics."

Opportunities for women to get more involved in government/politics are also important to her. "We've restarted the Women's Caucus, which I co-chair, and we meet monthly," she said.

"While the caucus has existed in previous years, it had been dormant until earlier this year. Given the policies coming from the Trump administration and the president's lifelong sexist comments about women, combined with the lower percentage of women holding office, many women felt it was important to develop a specific voice for women in the Rhode Island Democratic Party," Goldin explained.



Gayle Goldin

"This has been a great opportunity for women to get together and figure out how they can be engaged in the Democratic Party and push for things that are important to women within the party."

Growing up in Atlanta, Goldin and her family belonged to the largest Conservative synagogue in the south and were active members of their Jewish community. She was engaged in many social activism causes through her synagogue. "That was formative in my youth. And, I think, as I've gotten older, the concept of social justice, the commitment to helping others, and understanding our place in the world is certainly framed by Judaism and influences the way I act in this world," said Goldin.

She was also a member of BBYO, and she believes that, while it was a Jewish organization, it taught her important skills that have helped her in her adult life and career. They include courage to give a speech to a large crowd, ability to facilitate meetings and event planning.

Goldin has introduced proclamations recognizing Holocaust Remembrance Day and Israeli Independence Day, and has always made an effort to recognize the contributions and the impact of Jews in the state of Rhode Island.

Like many of her colleagues, Goldin works as a legislator part time, while holding a full-time job. She currently serves as the Family Medical Leave Insurance Campaign advisor to Family Values at Work, a national network of 24 state-based coalitions, fighting for family-friendly policies such as paid sick days and paid family leave.

Goldin has a long history of giving back and fighting for social justice causes. After completing a master's degree in public policy at Tufts University, she began her career working in Rhode Island at a national organization focused on increasing access to health care for the uninsured. She later served in the nonprofit sector as a consultant, assisting with strategic advocacy efforts, policy analysis and qualitative research, and as the Strategic Initiatives Officer at the Women's Fund of Rhode Island.

SAM SERBY is a freelance writer who lives in East Greenwich. He previously worked at the Peres Center for Peace in Tel Aviv.

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Fritz Bultman Abstract Collage of Painted Papers
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A large collage of painted papers by Abstract Expressionist Fritz Bultman. Titled "Cape May II", the work is an assemblage of slightly crinkled polychrome painted papers creating an abstract biomorphic form. The work is signed "F.B" and dated "79" lower left. The verso retains the collection and exhibition information.
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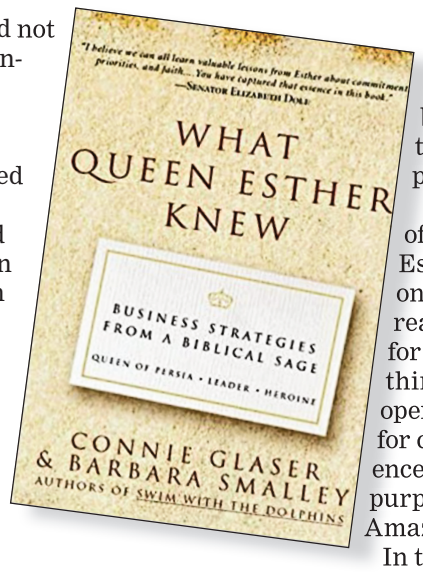
Several years ago, I interviewed Connie Glaser (conieglaser.com), co-author of "What Queen Esther Knew: Business Strategies from a Biblical Sage." The authors say that "Queen Esther provides an impressive role model for women today." They describe her as smart, savvy and strategic.

The authors also provide examples of women in key organizations today who practice strategies Queen Esther provided.

The interview and book left a lasting impression on me. It is a true rags-to-riches story of an orphan girl who became the Queen of Persia and saved her people. Queen Esther's example provides us with key elements of what women need to succeed in today's world. Some of the success points I gleaned from Queen Esther's behavior:

- The importance of networking and doing your research.
- The impact of working with mentors.
- The necessity of strategizing and taking risks.
- The power of persuasion and good communication skills.
- The awareness of the right timing and using strategies that will create timing.

This is a great woman leader and survivor. Queen Esther became a leader on her own terms. She did not have the scientific research and training that we have today. She used her instincts and drive and determination to accomplish her goals.



I can relate to the story of Queen Esther. Her story gave me the validation for my own work as an entrepreneur where I strategize success by focusing on reality, network with business professionals, enlist help from mentors and combine it with my intuition and faith. Most importantly, I have learned to be ready when the opportunity presents itself.

Two reviews of "What Queen Esther Knew" on Amazon.com really sum it up for me. "You can think of it as an operational guide for character, influence, elegance and purpose" writes one Amazon customer.

In the second one Pam Silvers writes, "Esther was strategic and understood the importance of mapping out her plan of attack. She was an astute communicator who chose her words carefully and deliberately. She understood the subtleties of 'palace protocol' and how to penetrate the inner circles of power. I found it fascinating to discover the contemporary relevance of this ancient tale."

I agree with Pam. The lessons I learned from Queen Esther's success are not only relevant but necessary to succeed in today's world.

PATRICIA RASKIN, president of Raskin Resources Productions Inc., is an award-winning radio producer and Rhode Island business owner. She is the host of "The Patricia Raskin" show, and a radio and podcast coach. She is a board member of Temple Emanu-El in Providence.

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Tablet hires Chicago march reporter

JTA – Tablet magazine has hired a journalist who was relieved of her reporting duties at a Chicago newspaper after breaking the story of three Jewish women who were ejected from a lesbian march.

In July, Gretchen Rachel Hammond, formerly an award-winning reporter for the Windy City Times, a Chicago LGBT newspaper, was moved full time to the paper's sales desk after reporting on the women being asked to leave the Chicago Dyke March for carrying rainbow flags emblazoned with Jewish stars. The story gained attention and appeared in major media outlets across the country. Dyke March organizers said the women were ejected because they were carrying flags reminiscent of the Israeli flag at an anti-Zionist event and had "repeatedly expressed support for Zionism during conversations" with other marchers. An organizer told Hammond that she and the newspaper had "failed in its journalistic mission."

On Tuesday [Aug. 8], Tablet announced that starting this month Hammond would be writing for the Jewish online magazine full time as part of a yearlong fellowship.

"I'm deeply honored to welcome Gretchen to our staff," Tablet's editor-in-chief, Alana Newhouse, wrote on its website. "I know she will enrich all of our lives and minds, and only hope we can give her half of what she'll give us. And I also hope our readers imbibe the broader message here: If a half-Punjabi, half-Church of England transgender convert to Judaism can find the courage to stand up for what's right and true, you can too."

Working for inclusion

BY FRAN OSTENDORF

For Karen Flippo, it all began in the family.

A family member with a disability led to a career helping those with disabilities succeed in life.

"People with disabilities are like everyone else," she says. "My own family taught me about the possibilities."

Now, after 40 years as an advocate, Flippo is looking forward to retirement at the end of September. She says she looks back on her career with satisfaction.

That career, supporting inclusion for people with disabilities, has taken her to 49 states and several countries. It started in the infancy of a field that has grown by leaps and bounds.

Right now, Flippo is a program director at the Institute for Community Inclusion at the University of Massachusetts, Boston, a position she's held since shortly after she and her husband Chuck moved to Newport from the Washington, D.C., area in 2007. She travels extensively for this job but also often works from home.

A Chicago native, Flippo has held positions at the University of San Francisco, where she received a master's degree in rehabilitation administration, at Virginia Commonwealth University, in Richmond, and



Karen Flippo

at several trade groups in the Washington, D.C., area, including the Brain Injury Association of America and the National Association of Councils on Developmental Disabilities.

"My career has always allowed me to be in the right places at the right time," Flippo says. And that's meant she's been able to work with organizations that support rehabilitation and workplace inclusion.

APSE, the Association of People Supporting Employment First, gave her a lifetime achievement award in June. She was a founding board member of the group, which supports inclusion in the workplace for those with disabilities.

"I was totally surprised," Flippo said, adding that she had considered not even attending the APSE conference in Portland, Oregon.

"I was retiring …. It's a nice farewell."

But retirement won't see Flippo sitting back and doing nothing.

Since moving to Newport, she's served as a tour guide at Touro Synagogue, among other places.

"It's a good way to get to know Newport," she says. "You meet people from all over the world."

She got involved with the Newport congregation when she was looking for a synagogue to join. She's also a member of Temple Beth-El, in Providence.

Her advice for those entering the workforce? Find a mentor.

"I didn't exactly know where I was going to land. But I had two fabulous mentors" who helped, Flippo said.

Her other advice, especially for women: Work on your life education – "keep relevant and updated" – and "read a book."

"Whether it's fair or not, women still have to work twice as hard. We still have a lot of work to do," Flippo says.

FRAN OSTENDORF is the editor of The Jewish Voice

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Jewish Alliance
OF GREATER RHODE ISLAND

Staying alive: Scrappy synagogues

BY RUTH BREINDEL AND JOSHUA JASPER

Editor's Note: This article is the first of a multi-part exploration of the fascinating story of mergers, moves, and changes the many Rhode Island synagogues undergo. The RIJHA archives contain paperwork from nearly all of the synagogues that have graced our state from the late 19th century until today. Sometimes the archival records are contradictory or unclear, and it is our hope that our readers will notify us of any errors and provide any additional information. Future articles will be focused on investigating the complicated genealogy of synagogue mergers and moves in Rhode Island.

What are the generations of a synagogue? Here in Rhode Island, as in many other states, congregations can begin as small shuls, and eventually grow and change to fit the shifting needs and desires of the communities around them

Along the way, small groups merge, then join with other groups as they get larger. Sometimes they change buildings, erecting a new one nearby or even going to another part of the state. Their denominations can change too, going from Orthodox to Reform or in the other direction, stopping by Conservative. In Rhode Island, we do not have Reconstructionist or Renewal – for that, you have to go just over the border, to Attleboro, Massachusetts, – but we do have many of the other denominations or "brands," such as Chabad, yeshivish, or informal minyans run out of homes. Unfortunately, sometimes even they close down.

The many possible reasons for these changes include a group's need of a new place due to a merger, or a life-saving merger of two groups, caused by the dwindling numbers. Over time, some congregations find they are no longer viable in their denomination, so they decide to switch. This conversion, however, doesn't have to be final, and they can revert back later. Then, as demographics change, people move from one neighborhood to another, or even to the suburbs. The synagogues do too, following their members.

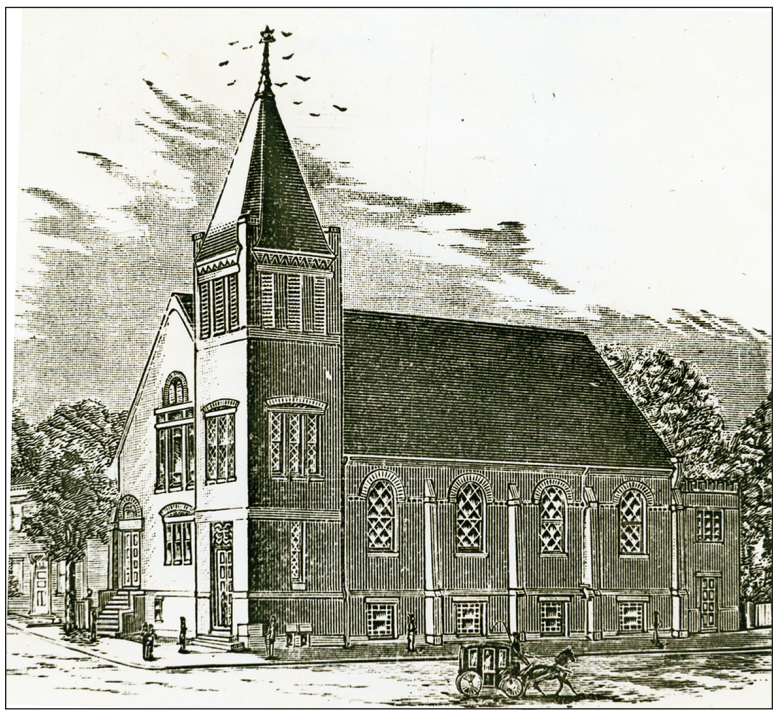
By the beginning of the 20th century, many small shuls were scattered in the north end and south end of Providence. Most of them began as Orthodox, and were often established by people from the same town in Europe. In 1888, immigrants founded the Romanian shul, Aghedath Israel, in the south end of Providence. (Note the strange spelling of Aghedath, rather than the more modern spelling of Agudath.) Then in 1910, Tifereth Israel was established at 254 Willard Ave. It was also called the Romanian Shul. We don't know what happened to Aghedath Israel, but Tifereth Israel joined with Anshe Kovno, which was established in 1890, to become Tifereth Israel-Anshe Kovno.



PHOTO | FROM THE FRED KELMAN COLLECTION HOUSED AT RIJHA

Temple Torat Yisrael officers in 1981.

Temple Beth-El is Reform, but its ancestry was Orthodox. The two oldest shuls in Providence, the Sons of Israel and the Sons of David, merged in 1874 to become the Sons of Israel and David; both were located in the downtown/South Providence area. Many referred to this combined shul as the Friendship Street Shul, based on its initial location. However, by 1911 it was no longer Orthodox. That was the year when it moved to a new location at 688 Broad St. The new building became known as Temple Beth-El, but the congregation continued to be known formally as Congregation Sons of Israel and David.



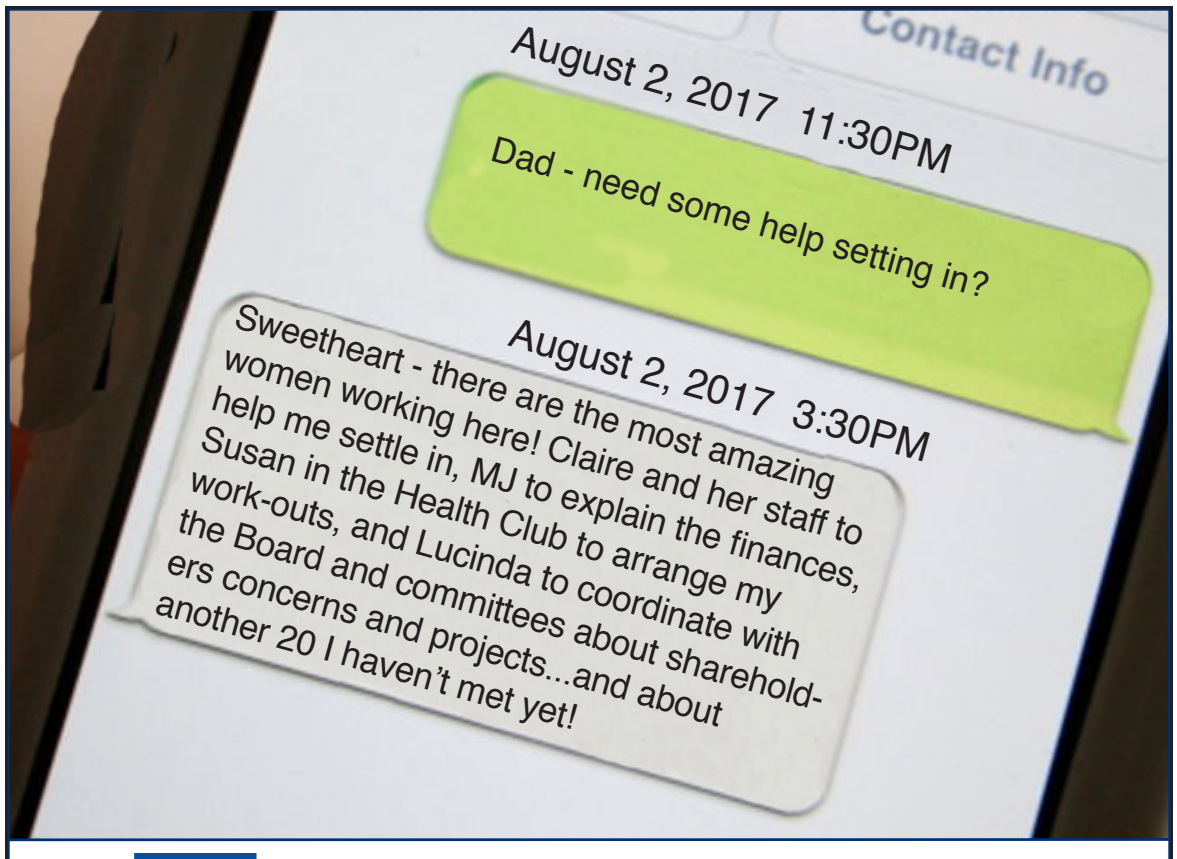
Sketch of the Friendship Street Synagogue.

On the other hand, Congregation Beth Sholom, which today is Modern Orthodox, had an equally meandering story of movements and mergers. It began in 1897 as Ahavath Sholom on Lippitt Hill (now known as University Heights Plaza), but everyone referred to it as the Howell Street Shul. As it grew, money was raised to build a new building in 1949. Temple Beth Sholom, which was changed from Orthodox to Conservative; in the 1980s, it reverted to being Orthodox.

Congregations move all the time, sometimes because they want a new home and other times because a home was destroyed (many in the North End experienced this when Interstate 95 was built). Temple Torat Yisrael was originally made up of Congregation Beth Israel, established in 1921 on Niagara Street in Providence. In 1981, it merged with Temple Beth Torah, which was established in 1956 on Park Avenue in Cranston. In 2013 the congregation moved to East Greenwich. As demographics change, so do physical locations.

As you can see, in America, Jewish places of worship on the cusp of bankruptcy have often survived via mergers with larger, more vibrant nearby places of worship. That way, their memory lived on through a changed congregational name and movement of holy objects, not just through old members' reminiscences.

RUTH BREINDEL is the president of the Rhode Island Jewish Historical Association. **JOSHUA JASPER** is the executive director and librarian/archivist of the RIJHA. For more information, contact RIJHA via info@rijha.org or 401-331-1360. Our archives are open to the public Monday through Friday.



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FROM PAGE 1

RED TENT

first hit shelves in 1997. In fact, Diamant never expected such extraordinary success.

"It was not a given that the book was going to get published" at all, Diamant told JTA in a recent interview, describing the difficulties she encountered in trying to find a literary agent to represent the project.

The novel, Diamant recalled, seemed to strike people as "a weird idea."

Dinah receives only brief attention in the Bible, and her story is a violent one. In Diamant's book, the Dinah narrative expands, revealing a fuller, fictionalized understanding of her life – as well as a powerful portrait of ancient feminine community and experience.

Alongside her work on other writing projects, Diamant spent about three years drafting "The Red Tent." Eventually it sold to St. Martin's Press, though Diamant did not receive an advance.

The novel sold reasonably well for a debut and subsequently was issued in paperback. Still, the publisher was planning to destroy (or "pulp") some remaining hardcover copies.

At that point, Diamant had an idea: Why not ship the books directly to select groups of readers? The publisher agreed, and several copies went to members of the Women's Rabbinic Network, a group of women in the Reform rabbinate. Another batch went to members of the Reconstructionist Rabbinic Assembly. In both cases, the books were accompanied by letters of endorsement from the organizations' presidents, both personal friends of Diamant.

From there, word about "The Red Tent" spread. Ultimately, Diamant credits independent bookstores and book clubs for making the novel a best-seller. In June 2001, nearly four years after publication, "The Red Tent" won the Book Sense Book of the Year Award for Adult Fiction, now known as the Indies Choice Book Award.

Diamant has since published four novels and continued to write nonfiction. ("The New Jewish Wedding" was updated, redesigned and revised as "The Jewish Wedding Now" and re-released earlier this year.)

"I'm eternally grateful to readers for whom the book has meant so much," Diamant said of "The Red Tent." "And it means such different things to different people."

"I'm still kind of amazed at its success. I'm touched by the way people find inspiration in it for all kinds of things."

Some fans, Diamant notes, credit the book for steering them to work as midwives. Others say "The Red Tent" inspired them to become artisanal bread bakers or to study the Bible – or to write biblical fiction of their own.

"It's a whole category now," she noted.

Thanks to the success of "The Red Tent," lovers of historical fiction can enjoy an ever-growing number of books that reimagine the lives of biblical characters. In many cases, these novels, like Diamant's, give voices to lesser-known (and often female) individuals. Here is a sampling of some of the best that have been published in recent years:



Anita Diamant

"Sinners and the Sea: The Untold Story of Noah's Wife"
(Howard Books, 2013)
By Rebecca Kanner

Although the Bible doesn't name her, Noah's wife was on the ark, too. Kanner's debut novel gives her a voice – but still no name – as she tells us, in the first person, about her early years, her marriage and family, and everything that happened on that giant ship.

"After Abel and Other Stories"
(Prospect Park Books, 2015)
By Michal Lemberger; foreword by Jonathan Kirsch

Each of the nine stories in this book presents a tale of a biblical woman. Some you've likely heard of, like Miriam, who sets the basket holding her baby brother afloat in the Nile, follows its course and approaches the woman who retrieves it: Pharaoh's daughter. Others focus on characters who are less well known, such as Zeresh, Haman's not-so-nice spouse, who suffers consequences, just as her husband does when his evil plot goes awry.

"The Secret Chord"
(Viking, 2015)
By Geraldine Brooks

King David, the focus of this novel, isn't exactly a minor biblical figure. But his circle was large, and Brooks attends closely to many of the characters – men and women, like the prophet Natan and Nizevet, David's mother – who were closest to him in this chronicle of key episodes in David's life.

"The Secret Book of Kings"
(St. Martin's Press, 2016)
By Yochi Brandes; translation by Yardenne Greenspan

The inspiration for this book was the biblical princess Michal, who is most popularly identified as King Saul's daughter or as King David's wife. "But even at the beginning of my research," Brandes wrote in the preface, "I realized that a historical novel about the destruction of the House of Saul at the hands of David could not make do with a single protagonist." Thus, this novel – which was a best-seller in Israel, where it was published in 2008 under the title "Kings III" – is a compelling, multigenerational saga.

"David and the Philistine Woman"
(Top Hat Books, 2017)
By Paul Boorstin

This novel reimagines tales of King David and his contemporaries, including the fearsome Goliath. Boorstin conjures up a new female character: Goliath's wife, Nara, who in this telling exerts considerable influence on the outcome of one of the most famous biblical battles.

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Officers and board of Chesed Shel Amess Association.

PHOTO | MIKE SKORSKI

Chesed Shel Amess Association installs new leaders

BY GERALD SHERMAN

WARWICK – On June 11, the Chesed Shel Amess Association, Lincoln Park Cemetery, held its 105th annual election and installation brunch at the Phyllis Siperstein Tamarisk Assisted Living Residence.

Rabbi Aaron Philmus of Temple Torat Yisrael gave the invocation. Outgoing President Murray Gereboff thanked Beth Veltri, executive director of Lincoln Park Cemetery, staff, officers and the board of directors for their hard work and dedication.

Gereboff then installed the newly elected officers and board members. Installed were President David Weiss, First Vice President Fred Raisner, Second Vice President Ronald Freeman, Financial Secretary Susan Vederman, and Treasurer Gerald Sherman. Retiring Treasurer Ross Feinberg was thanked for his years of service and designated as an honorary board member.

Newly installed members of the board of directors are: Charles Blackman, Andrew Gilstein, Rabbi Aaron Philmus, David Mossberg, Bruce Wasser, Linda Weisman, Joel Harrison, Mona Scheraga and Aaron Weintraub.

Returning members of the board of directors are: Lee Lerner, Sam Mendelowitz, Barry Forman, Cantor Remmie Brown, David Bojar, Michael Weiner, Steven Hershey, Harvey Michaels and Michael Penn.

Appointed to the board of directors as representatives and delegates of member organizations are: Andrew Sholes, Harold Silverman, Sanford Gorodetsky, Paul Stouber, David Pliskin, Ried Redlich, Michael Sugerman, David Penn, Larry Parness, Mark Adler and Nathan Lury.

President David Weiss gave a short speech regarding the plans for his term.

To close the meeting, Philmus led all attendees in a round of songs.

GERALD SHERMAN is publicity chairman and treasurer of Chesed Shel Amess Association

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Congregation Agudas Achim Hosts Open House

Are you interested in learning more about options for Jewish culture, life, and education in the Attleboro area? Congregation Agudas Achim invites you to stop by during its annual Open House on Sunday, Aug. 27 from 10 a.m. to 1 p.m.

Visitors will have an opportunity to meet Rabbi Leora Abelson and Annette Lawson, the education coordinator, who will both be available to answer questions and provide information about the community and the Hebrew School. Current members will also be on hand. Refreshments will be served, and a themed craft activity will be available for children. The synagogue's band, Briskets and Gravy, will perform at 11 a.m.

Agudas Achim is thoughtful, and vibrant community committed to lifelong learning and social action. The Hebrew School offers classes for students from kindergarten through grade 8. The goal is to create a community for members of all ages that provides a gateway to Jewish living and offers a comfortable, warm, and inviting experience for all. Congregation Agudas Achim integrates religious, social and educational programs to enable every member to become a learner and every learner a teacher.

Members and Hebrew school staff will be available to discuss the school curricula and the nationally recognized Shabbat B'Yachad (Shabbat Together) program, designed to join the school with the larger synagogue community. This program includes Friday evening community potlucks, arts and music, intergenerational learning, and prayer and a Saturday morning service at a local farm.

Congregation Agudas Achim includes members from southeastern Massachusetts and northern R.I. and is affiliated with the Reconstructionist movement.

Synagogue membership and enrollment in Hebrew School are ongoing. For more information, contact the synagogue at office@agudasma.org or 508-222-2243, or visit agudasma.org.

Submitted by Congregation Agudas Achim

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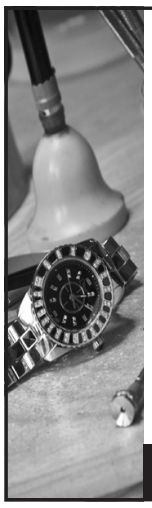
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The travelers in Paris.

Planning a vacation: Necessity is the mother of invention and flexibility helps

BY MAY-RONNY ZEIDMAN

When my son Garrett called and asked if I would like to travel to Paris with him, I was overjoyed with excitement. "Mom, this is a short trip. Five days and what a price," he said.

Paris is not the last place I want to visit, but it has been on my "Bucket List" forever.

Now comes the good part: "We will be flying WOW airlines, and you can only bring 13 pounds of luggage."

Thirteen pounds of luggage! My cosmetics weigh more than that.

I don't want to say that I tend to overpack, but on my last trip to Israel, I had to stuff things into my grandchildren's suitcases. On my trip to Costa Rica, things had to be taken out and left in the car at the airport.

The good news is I was given bad information. We could take 22 pounds of luggage. I went online and purchased a traveling suitcase that weighed 4.3 pounds. I then received an email saying the dimensions of the bag were limited to 42 centimeters x 32 centimeters x 25 centimeters. That translates to 16.5 inches x 12.6 inches x 9.8 inches. My newly purchased lightweight bag was too big.

After much research, I found that I was reduced to traveling with a backpack. I knew I would not be traveling on a luxury ship with beautiful clothes in lavish trunks, furs and a maid. (some of us love those old movies). But a backpack…

Somehow, everything got packed and off we went. We would be flying Boston to Iceland and Iceland to Paris. Upon arriving in Boston, we were told the plane to Iceland was at least five hours late, and we would not make our connecting flight to Paris. I didn't come this far with my backpack not to get to Paris. WOW said they would put us up in a hotel and pay for our meals in Iceland. We could take the next flight from there to Paris. Since there was a Monday holiday in the mix, we added an extra day to the trip.

The long and short of this story is that I got to see both Iceland and Paris. I was able to spend an extra day with my son. Garrett told me this trip was for me and what I wanted to do. We followed the agenda I had planned and saw as much as possible in three days, including renting a car and driving to Versailles. After leaving the Palace of Versailles, we drove for three hours through small towns in the French countryside and returning to see Paris at night which is breathtaking. Yes, I lost my breath as Garrett drove around the Arc de Triomphe with cars coming at us from all sides.

Where do you put those presents you bought when you could hardly close your backpack on the trip over. That one is easy… you leave some of your belongings in the hotel to make room for the books and gifts you purchased.

At my age, do I want to travel like a high school or college student? No, but would I do it again to spend time with my children or grandchildren? You bet. Those five days are priceless. I haven't even mentioned the things that happened that will be revealed at future holiday tables to the amusement of those who know me.

MAY-RONNY ZEIDMAN is executive director of the Sandra Bornstein Holocaust Education Center, in Providence.

Israeli-American teen who threatened JCCs allegedly sold his bomb threat services

JTA – The Israeli-American teenager accused of making hundreds of threats against Jewish community centers in the United States sold his bomb threat services.

Michael Kadar, 19, from Ashkelon in southern Israel, also offered to frame others for the threats for a higher fee, the FBI reportedly alleges in newly unsealed court documents reported Tuesday [Aug. 8] by The Atlantic and The Daily Beast.



The teen sold his services on AlphaBay, a "dark web" marketplace website selling illegal goods and services that was closed by U.S. authorities in July.

He reportedly sold his services from $30 for a single threat to $90 for "emailed bomb threat to a school districts\multiple schools + framing someone for it."

Kadar also wrote in his online advertisement under the screen name Darknet Legend: "there is no guarantee that the police will question or arrest the framed person. I just add the person's name to the email. In addition in my experience of doing bomb threats putting someone's name in the emailed threat will reduce the chance of the threat being successful. But it's up to you if you would like me to frame someone." The messages were found on a flash drive confiscated by the Israel Police during a raid on the teen's bedroom earlier this year. Police reportedly identified an individual in California who is believed to have ordered and paid for Kadar's threats.

He was charged in district court in Israel in April with thousands of counts on offenses that also include publishing false information, causing panic, computer hacking and money laundering. He was arrested in Israel in March in a joint operation with the FBI. According to the indictment Kadar, who has dual U.S. and Israeli citizenship, made threats to 2,000 institutions around the world, including the Israeli Embassy in Washington, D.C., and other Israeli diplomatic missions, schools, malls, police stations, hospitals and airlines.

Threats to three airlines, including Israel's national carrier El Al, led to planes making emergency landings, dumping fuel and requiring military escorts, according to the indictment.

The teen's parents and attorney have said Kadar has a benign brain tumor that affects his behavior, as well as a very low IQ.

Israel's drip irrigation giant sells for $1.5B

RIO DE JANEIRO (JTA) – A Mexican industrial group will acquire control of the Israeli drip irrigation giant Netafim for $1.5 billion.

Mexichem has agreed to buy an 80 percent stake in Netafim, the world's largest drip irrigation company, in a deal valuing the company at $1.895 billion. It will acquire a 61 percent stake owned by the private equity fund Permira, which bought into Netafim in 2011 before it roughly doubled in value. Another 6 percent will come from Kibbutz Magal and 13 percent from Kibbutz Hatzerim, which will remain a minority shareholder. "We were looking for a strategic partner to Netafim that will enable us to continue to develop the company and bring it to the next level," said Netafim CEO Ran Maidan. "The conditions of the agreement maintain Netafim's Israeli identity, with a commitment to keep the company's core activities in Israel for many years."

Founded in 1965 in Kibbutz Hatzerim, Netafim pioneered the drip irrigation process and has become the leading global supplier of smart irrigation solutions. Netafim's solutions are helping millions of farmers around the world to significantly increase their yields while saving water and other agricultural inputs. With about $855 million in sales in 2016, it has 17 manufacturing plants and 4,300 employees in over 30 countries.

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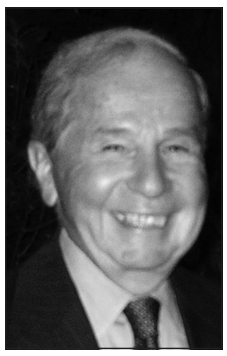
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Jason P. Adelman

BARRINGTON, R.I. – Jason P. Adelman died on June 21. Born and raised in Boston, Mass., Jay was the son of the late Morris and Anna (Cohen) Adelman. He graduated from the University of Massachusetts then moved to New York City, New Jersey and finally Barrington, where he lived for more than 40 years. In the early 1990s, he met Mary Lou Almeida, whom he married in June 1996.



Jay lived a full and active life. He was respected and admired by those who knew him. He maintained many lifelong friendships, and loved seeing friends for a game of tennis or fishing. But his greatest love was his family, and he and Mary Lou were able to spend two decades enjoying traveling the world together and with their children and grandchildren and hosting wonderful dinners and celebrations full of laughter and joy.

Jay is survived by his wife, Mary Lou Adelman of Barrington; sister Edith Craft of Aventura, Florida; daughter Pamela Ball of Walnut Creek, California. and her husband, Ken; daughter Jennifer of Novato, Calif.; son Mark of East Greenwich, and his wife, Lisa; stepson Steve Almeida of Swansea, Massachusetts; stepson Bob Almeida of Somerset, Massachusetts and his wife, Chris; his first wife Terri Adelman of Barrington; and grandchildren Cameron, Aaron, Peyton and Ainsley. He is predeceased by his brother, George Adelman, of Brookline, Massachusetts.

Donations may be made to Lifespan Cancer Institute in Providence.

Gussie Baxt, 93

PROVIDENCE, R.I. – Gussie Baxt died peacefully at home, on July 19. She was the daughter of the late Rose and Samuel Weinberg and was predeceased by her brother, George Weinberg, and sister, Molly Goldsmith Halpern. Gussie was the beloved wife of the late Victor J. Baxt for 45 years. She was previously married to the late Joseph Chusmir. Gussie is survived by her sons Robert Chusmir (Judy) and Michael Chusmir (Deborah). She lived her entire life in Providence, with homes in Newport and Palm Beach, Florida.



Gussie was the matriarch of her family, a role model to many and a woman who dedicated her life to her husband, family, friends and community. She had a passion for helping people and worthy causes. She followed in her late husband Victor's footsteps as an ardent philanthropist. She loved her family and was forever grateful for the support and care she received from her beloved children, nieces and nephews. Gussie always said she tried to live her life in the spirit of "Do unto others as you would have them do unto you."

Gussie was an enthusiastic supporter of The Miriam Hospital, The University of Rhode Island, Temple Beth-El, the Jewish Alliance and JCC, the Rhode Island Philharmonic and Music School, Camp JORI and numerous other nonprofits.

Gussie is survived by three loving granddaughters: Jodi King (Jeff), Tracie Curran (Ryan) and Kimberly Chusmir; six great-grandchildren, as well as nieces and nephews Paula and Gary Epstein, Lyn Ross, Beverly and Stanley Cohen, Linda and Richard Mittleman, Ronni Hodosh, Marsha and Philip Shapiro, Steven and Marjorie Chusmir, Ruth Nemzoff and Harris Berman and Judi and Alan Josephson.

In Gussie's memory, please consider supporting a charity of your choice.

Victoria 'Vivian' Berren, 97

WARWICK, R.I. – Victoria "Vivian" Berren died July 8 surrounded by loving family at Greenwich Farms. She was the wife of the late Edward Berren. Born and raised in Providence, a daughter of the late Albert and Sadie (Elman) Cohen, she had lived in Warwick for five years, previously living in Florida for many years.

She was the co-founder and interior designer at Berren Wallpaper Company in Providence and Warwick for 20 years, retiring in 1978. Vivian graduated from Hope High School. She was a member of Hadassah.

She was the devoted mother of Carole Berren of Warwick and A. Larry Berren (Ellen), of Barrington. She was the dear sister of the late Edward and Samuel Consove. She was the loving grandmother of Shonna, Todd, Abigail and Rebecca. She was the cherished great-grandmother of four.

Contributions in her memory may be made to the charity of your choice.

Gary M. Block, 51

CRANSTON, R.I. – Gary M. Block died July 28. Born in Providence, a son of Stephen D. Block and Barbara J. Block, he was a lifelong resident of the city.

A graduate of Rhode Island College, he was a computer technician for Amica Insurance Co., and belonged to the Cape Cod Curling Club.

In addition to his parents, he is survived by his sister Susan Fain.

Contributions in his memory may be made to the charity of your choice.

Stephen C. Broomfield, 77

PAWTUCKET, R.I. – Stephen C. Broomfield died on June 26. Born in Providence, a son of the late Max and Jeanette (Wexler) Broomfield, he had been a lifelong resident of Rhode Island.

Mr. Broomfield attended the University of Alabama and was the owner of the former J. Broomfield & Sons, a scrap metal business, retiring in 2016. He also served in the U.S. Army.

He is survived by his children Katherine Broomfield and her husband, Anthony D'Imperio, of New Jersey; and Theodore Broomfield of California; his sister Susan Kohn and her husband, Stephen, of California; and his grandchildren Sam and Charlie.

Contributions in his memory may be made to the ASPCA at ASPCA.org or 424 E. 92nd St., New York, NY 10128-6804.

Ruth Buckler, 89

CRANSTON, R.I. – Ruth Buckler died July 18. She was the wife of Leonard Buckler for more than 67 years. Born in Providence, a daughter of the late Samuel and Jenny (Lubin) Bloom, she lived in Cranston for 62 years.

After graduating from Katharine Gibbs School, she worked as a bookkeeper in the jewelry industry for more than 40 years. She was a member of Hadassah, the former Temple Beth Israel and Temple Am David.

She was the devoted mother of Ann Addis (Reid) of Philadelphia, Pennsylvania; Jeff Buckler (Michelle) of Amherst, New Hampshire; and twins, Judy O'Donnell (Robert) of Cranston and Alan Buckler (Mabel) of Arlington, Massachusetts. She was the sister of Arline Schenkerman of Naples, Florida; the late Harold Bloom and late twin sister, Evelyn Snow. She was the grandmother of Jenna, Dana, Jacqueline, Ilana and Sandra. She was the great-grandmother of Amelia and Oliver. Contributions in her memory may be made to Kindred Hospice, 2374 Post Road., Ste. 206, Warwick, RI 02886 or Alzheimer's Association, 245 Waterman St., #306, Providence, RI 02906.

Jerry Einhorn, 85

WARWICK, R.I. –Jerry Einhorn died July 22 at Philip Hulitar Inpatient Center, Providence. He was the husband of Doris (Krieger) Einhorn for 62 years. Born in New York City, a son of the late Samuel and Pauline (Cook) Einhorn, he had lived in Warwick since 2016, previously living in Delray Beach, Florida, for 17 years.

He was a Korean Conflict Army veteran, serving in Korea. Jerry was a product developer for Hasbro for 26 years and Alcraft for 15 years, retiring in 1999. While at Hasbro, he was one of the original creators of the GI Joe action figure. He was a graduate of Dewitt Clinton High School, class of '49. He received certifications from Bryant and Brown universities. Jerry was an avid sports fan.

He was the devoted father of Debra Shapiro and her husband, Joseph, of West Warwick; Steven Einhorn and his partner, Cindy Bishop, of Warwick; and Robert Einhorn of North Providence. He was the brother of the late Joseph and Abraham Einhorn. He was the grandfather of Kristen, Troy, Dale, Daniel and his fiancée, Rachel, and Jonathon and his wife, Meg. He was the great-grandfather of Jacob and Brayden.

Contributions in his memory may be made to the Hope Hospice & Palliative Care, 1085 North Main St., Providence, RI 02904.

Zelda Feldman, 93

EAST PROVIDENCE, R.I. – Zelda Feldman died, July 26 at Tockwotton on the Waterfront in East Providence. She was the beloved wife of the late Edward S. Feldman. Born in Providence, the only daughter of the late Peter and Bella Banks, she lived in Cranston and Warwick before moving to East Providence.

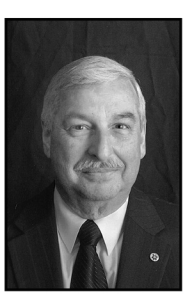


Zelda worked at the Summit Avenue School in Providence during WWII, and was married in 1946 to Edward after his

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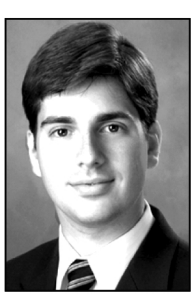
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D.B., Providence

Dear D.B.
According to some rabbis, using the back of the shovel for placing the first portion of earth onto the casket shows our reluctance to do this mitzvah of burying our deceased loved ones, although we know that it is necessary to do so. Other rabbis say that we first use the back of the shovel to indicate and separate burial shoveling from shoveling for everyday purposes.

QUESTIONS ARE WELCOMED AND ENCOURAGED. Please send questions to: ShalomChapel@aol.com or by mail to Ask the Director, c/o Shalom Memorial Chapel, 1100 New London Ave., Cranston, R.I. 02920.

FROM PAGE 26

OBITUARIES

return from naval service. She was a life member of Hadassah, and a member of Temple Beth-El, the Miriam Hospital Women's Association, Jewish Home for the Aged, and the Pioneer Women.

She is survived by son Howard and his wife, Susuan (Brill), of Warwick and son Peter and his wife Ritu Shroff, of Geneva, Switzerland. She was the grandmother of Lauren, Lana, Leslie, Andrew and Meera; and great-grandmother of Talia, Madalyn, Rylan and Caroline. She was sister to Hyman and Abraham (both deceased).

Contributions in her memory may be made to Hope Hospice & Palliative Care, 1085 N. Main St., Providence, RI 02904.

Frances Friedman, 93

PROVIDENCE, R.I. – Frances Roy Friedman died June 25 at Laurelmead, surrounded by her family. She was the wife of the late David Friedman for 64 years, and the daughter of the late Harry and Wilca (Gerstenblatt) Roy. Born in Providence, she was a lifelong resident of Providence.



Frances was a member of Temple Beth-El and a former member of Temple Emanu-El. She was a life member of Hadassah and she attended Bryant & Stratton College, earning a degree.

She was the mother of Diane Ducoff and her husband, Dr. Robert Ducoff, of Providence and the late Larry Friedman and mother-in-law of Marilyn (Glenn) Friedman Shealey, of North Kingstown. She was the aunt of Karen Ostrowsky and her husband, Howard, of Warwick. She was the dear sister of the late Nathan Roy, Betty Levy and Ida Massover. She was the grandmother of Michelle Miller and her husband, Andrew; Patti Albert; Lynn Belkin and her husband, Matthew; Michael Friedman and his wife, Lauri; Mark Friedman and his wife, Shelby; Leslie Friedman and her husband, Evan Harvey; Louis Ostrowsky and his husband, Lazaro Zayas; and Danielle Kramer and her husband, Brian. She was the great-grandmother of Sydney and Adam Miller; Ysabel and Dylan Albert; Matthew, Eric, Lexi and David Friedman; and Micah and Alec Kramer. She was the cherished aunt of Maxine Roy Richman, Maureen Levy Krasnow, Robert Roy, Kenneth Levy (Paulette), Joshua Reitzas (Megan), Fred Haas, Alan Friedman (Carol), Brian Friedman (Bobbie) and Gary Friedman. She was the sister-in-law of Murray Friedman.

Contributions in her memory may be made to the Jewish Alliance – Friedman Ducoff Miller Family Fund, 401 Elmgrove Ave., Providence, RI 02906, Temple Beth-El – Frances and David Friedman Fund, 70 Orchard Ave., Providence, RI 02906, or Kindred Hospice, 2374 Post Rd., #206, Warwick, RI 02886.

Rosalyn Gaines, 88

KINGSTON, R.I. – Rosalyn Gaines died July 6. She was the wife of Abner J. Gaines; they were married for 54 years. She was born in Brooklyn, New York, a daughter of the late Reuben and Celia (Israel) Berenson.

Rosalyn graduated from Long Island University and received a master's degree in Library Science from Columbia University. After moving to Kingston, she was the librarian at Prout Memorial High School for many years.

She had a lifelong interest in travel and social action. She supported many charitable organizations, and in her later years was a dedicated volunteer at South County Hospital.

Besides her husband, she is survived by her daughter Barbara A. Gaines, her husband Richard D. King Jr.; and grandchildren Liliana, Robert and Thomson King, sister-in-law Mollie Bailin, nieces Laura-Beth Sholkoff, Debbie and Dori Bailin, nephew Ari Berenson, and many friends. She was the sister of the late William and Sara Betty Berenson.

Contributions in her memory may be made to your favorite charity or the American Civil Liberties Union, action.aclu.org/donate.

Freda Gelbtuch, 94

BROOKLINE, MASS. – Freda Gelbtuch, a long-time resident of Providence died June 4. She emigrated from Germany at the end of World War II after losing her entire family during the Holocaust. She arrived in Providence in December 1950, with her husband, Oscar Gelbtuch (d. 2007), her brother-in-law, Israel (d. 1974), her mother-in-law, Pepa (d. 1962), and her then 18-month-old son, Sam. The family originally lived in South Providence and eventually moved to the East Side. She moved to Silver Spring, Maryland, in 2007 to be with her daughter, Bernice Fishman (d. 2007), who died shortly after her move. In 2014, she returned to Brookline to be closer to her family.

She was a member of PTA of the then newly established Providence Hebrew Day School and was a member of Congregation Sharei Zedek, Congregation Beth Sholom, Gemilat Chesed and the Chevra Kadisha. She was also a supporter of the Rhode Island Holocaust Memorial. An avid cook and baker, she became known to her family and friends for her huge repertoire of Eastern European Jewish cooking.

She is survived by her son, Sam and his wife, Madelyn Bronitsky; her grandson, Michael Fishman and his wife Shira Miller-Jacobs; her granddaughter, Rachel Wainberg and her husband, Ari; her grandson Daniel and his wife, Leah Madsen; her granddaughter, Ruth Abolofia and her husband, Jay Abolofia; and her grandson, Gabriel and his wife, Manuela Giraldo-Jimenez. She is also survived by eight great-grandchildren, Orly, Yael, Meital, Ayla, Noa, Hannah, Charles, and Sabrina. She was affectionally known to her grandchildren and great-grandchildren as "Bubby."

Contributions in her memory can be made to the Bornstein Holocaust Education Center in Providence and Congregation. Beth Sholom in Providence.

Paul H. Girard, 67

NARRAGANSETT, R.I. – Paul H. Girard died July 14. He was the devoted husband of Sheryl (Jurmann) Girard for 30 years and the beloved father of Frederich Girard of Newport Beach, California. He was the brother of Albert Girard (Janet) of Maryland, Charles Girard (Pat) of Cumberland, Marie Morin (Roger) of Cumberland, and the brother-in-law of Jerry Lipet of New Hampshire.

Born in Providence, a son of the late Charles and Noella (Provost) Girard, he had lived in Narragansett for 23 years, previously living in Warwick.

He retired as an accountant and loved his part-time job at Barnes & Noble in Warwick, where he worked for the past 25 years. Paul graduated from La Salle Academy, Providence College, and earned an MBA at Bryant University. He was a member and past master of Charity Lodge #23, Free & Accepted Masons, as well as Nathanael Greene Lodge #45. He was an avid sports fan, especially of the Red Sox and Patriots, and loved playing trivia and politico games with friends.

Contributions in his memory may be made to the charity of your choice.

Robert J. Howard, 63

SOUTH DARTMOUTH, MASS. – Robert J. Howard died July 31. Born in Brooklyn, New York, a son of Dr. Bertram E. Howard and the late Zelda (Krellenstein) Howard, he was a lifelong resident of Massachusetts.

Robert worked as a biomedical engineering technician. He was a member of Congregation Tifereth Israel and was an avid skier, golfer and cyclist.

Besides his father, he is survived by his brothers, Dr. Jack Howard and his wife, Leslie, and Alan Howard and his wife, Patti; his sister Nora Howard-Gitlin and her husband, Louis; and multiple nieces and nephews with whom he shared a very close relationship.

Contributions may be made to the National Brain Tumor Society at braintumor.org .

Sheila L. Isserlis, 81

FALL RIVER, MASS. – Sheila L. Isserlis passed away Aug. 2. Born in Fall River, she was the daughter of the late Benjamin and Edythe (Gollub) Isserlis. Sheila lived in Bridgeport, Connecticut, for 14 years and was a resident of Fall River since 1950.

Sheila worked in retail sales in her family business, Cox Paper Company Inc., for many years. She volunteered more than 10 years in the emergency room at Charlton Memorial Hospital and was a member of Temple Beth El for more than 50 years.

She is survived by her nieces Ellen Belitzky, Debra Steppel and Beth Rogers. She was the sister of the late Harold Isserlis and sister of the late Marvin Isserlis.

Contributions in her memory may be made to the Fall River Jewish Home, 538 Robeson St., Fall River, MA 02720 and the Massachusetts Lions Eye Research Fund, http://masslionseyeresearchfund.org.

Ruth A. Maniloff, 93

OVIEDO, FLA. – Ruth A. (Schein) Maniloff died on May 12 in Oviedo, Florida, after a brief illness. Ruth was born in Taunton, Massachusetts, the daughter of Joseph and Mary Schein.



She was married for 40 years to her late husband Norman Maniloff. Ruth and Norman lived in Houston, Texas, for 35 years before moving to Fern Park, Florida, in 1986.

Family and music, especially singing, were Ruth's passion and joy. She performed with several singing groups in the Orlando area until her death. A week seldom went by that she wasn't entertaining at a veterans home, or at a retirement community. She was a regular at jazz clubs where she would often be persuaded to sing a number or two.

Ruth is survived by her daughter, Sharon Morris, of Winter Springs, Florida; her grandsons, Marvin and Johnny Thurman; great-grandchildren Christopher, Samantha, Joshua and Ariel.

She also leaves behind four brothers, Irving, Edward, Harold and Arnold. She was pre-deceased by her brother Leo and two sisters, Lillian Bayer, and Ethel Buscemi.

Florence Markoff

PROVIDENCE, R.I. – Florence Markoff died peacefully on July 18 surrounded by her loving

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OBITUARIES

family. Born in Attleboro, she lived in Providence her entire life. Married to the late Henry W. Markoff, a renowned architectural engineer, she was the daughter of the late David and Molly Shapiro, sister of the late Shepley Shapiro, mother-in-law of the late Lynn C. Markoff, and grandmother of the late Rachel Molly Markoff.

Florence was a woman pioneer in radio broadcasting. Elected to the Rhode Island Radio Hall of Fame and Emerson College Radio Hall of Fame, Florence had a very distinctive radio voice, instantly recognized by strangers who met her at public events, social gatherings and at the checkout counters of local supermarkets. The inevitable response was, "you're the lady on the radio."

She gave elocution lessons to many students. As a result of her talents in speech, writing and broadcasting, she became known as the "word smith" in which she expounded the origin of words and phrases people say every day. She was a regular featured personality on all the major radio stations – WJAR, WEAN, WPRO – in which she personally broadcast a vignette, "There's a Word for It." She also produced a program – "Rhode Island Portraits in Sound – the biographies of interesting Rhode Island personalities from Roger Williams to Buddy Cianci.

Her innate ability and talent as a speaking personality was in demand by many institutions – from the Italian Echo to many Jewish religious and charitable organizations, such as Temple Emanu-El and the Jewish Alliance. She recently wrote and published a book called, "You've said a Mouthful" – the origin of "food" words people enjoy every day – from the "cocktail party" to the "meat of the matter."

She was a member of Temple Emanu-El her entire life from its inception in 1929.

She is survived by her three sons and their wives: Dr. Joseph Markoff (Phyllis), Ronald Markoff (Karen) and Gary Markoff (Eliane). She leaves seven grandchildren and their spouses and four great-grandchildren.

Contributions may be made to The Rachel Molly Markoff Foundation in c/o Gary and Eliane Markoff, 33 Chestnut St., Wellesley, MA 02481, or on-line at www.artingiving.com.

Ronald J. Max, 74

VANCOUVER, B.C., CANADA – Ronald J. Max, of Vancouver, British Columbia, Canada, recently passed away after a long battle with Parkinson's Disease. Son of the late Leo and Paula (nee Strasberg) Max, Ron was born in Providence. A graduate of Pawtucket West Senior High School, he also attended Roger Williams College. Ron was a stage, screen and television actor. He is survived by his sister, Sheila Max Lederman of Parkland, Florida, and his brother Jeffrey of Marcola, Oregon, as well as his nieces and nephews. He was pre-deceased by his brother Stephen. Ron will be missed by all. Donations can be made to The Michael J. Fox Foundation for Parkinson's Research.

Charles D. Miller, 88

JOHNSTON, R.I. – Charles D. Miller died July 8 at Rhode Island Hospital. He was the husband of Carol (Segar) Miller for 65 years. Born in Quincy, Massachusetts, a son of the late Alex and Sara (Hurwich) he was a longtime resident of Rhode Island.

Charles was a Korean Conflict Army veteran, serving in Germany. He was a graduate of Hope High School; Brown University, class of '50; and earned an MBA from Harvard University, class of '56. Charles was a member of the Cousteau Society and loved scuba diving, especially in the Caribbean.

He was the devoted father of Jonathan Miller of New York City and Elisabeth Miller of Johnston. He was the brother of Marie Bille of Copenhagen, Denmark, and the late Daniel Miller. He was the grandfather of Sophie Miller and Willmington Ramos (Alily). He was the great-grandfather of Yunnelly Ramos. He was the uncle of Samuel, Joshua and Adam Miller, David Wrubel and Karl Bille.

Contributions in his memory may be made to Partners in Health, PO Box 996, Frederick, MD 21705-9942.

Etha Minkin, 55

JOHNSTON R.I. – Etha Minkin died July 7. She was born in Fall River, Massachusetts, a daughter of Shirley Minkin and the late Gerald Minkin.

For more than 50 years, she attended the Fogarty Center in North Providence and the Cranston Center ARC.



Besides her mother, she is survived by her brother Harvey Minkin and his wife, Fatima, and sister Ronda Wilk and her husband, Keith.

The family thanks the staff at Fogarty, the group homes, Cranston Center, and Hope Hospice & Palliative Care for all they did for Etha.

Contributions in her memory may be made to the Fogarty Center, 220 Woonasquatucket Ave, North Providence, RI 02911.

Barbara Orson, 88

PROVIDENCE, R.I. – Barbara Orson died on July 19. An accomplished American stage actress, Barbara Orson co-founded the Trinity Repertory Company in Providence. She was born in New York on May 19, 1929. In 1956, she married Dr. Jay M. Orson and raised three children: twin daughters, Beth and Diane, and her son, Ted.



Orson appeared in more than 100 productions at Trinity Repertory Company in a wide spectrum of roles, and toured with the company to the Edinburgh Festival in Scotland in 1968. Other professional credits included roles at the Yale Repertory Company, the American Repertory Theatre, the Dallas Theatre Center, and the Williamstown (Mass.) Theatre Festival.

In addition to her husband and children, she is survived by sons-in law Robert W. Elner and Tim Moran and daughter-in-law Iris van der Walde; and grandchildren Joshua and Jacob Orson; and Emily and Max Moran.

Donations may be made to The Lighthouse of Lincoln Staff Appreciation Fund.

Hilton Rifkin, 91

JACKSONVILLE, FLA. – Hilton Rifkin, of Jacksonville, formerly of Cranston, died on July 13.

He leaves his wife of 61 years, Audrey; three children, Shelley Zawatsky (Paul), Bruce and Gary Rifkin; three grandchildren, Lily, Sam and Ivy Zawatsky; a sister, Sylvia Morse, and brother Simon Rifkin.

He was the former co-owner of Liberty Furniture Company in East Providence.

Contributions may be made to Congregation Ahavath Chesed, 8727 San Jose Blvd, Jacksonville, FL 32217.

Paula Sigal, 75

PROVIDENCE, R.I. – Paula Ellen Sigal died July 21. She was the wife of the late Jason Sigal. She was born in Boston, a daughter of the late Abraham and Gertrude (Bratt) Barsook.

Beloved wife, mother, grandmother, sister, aunt, and dear friend, Paula was a speech pathologist in the Barrington Public School system. A longtime resident of Somerset, Massachusetts, Paula had deep ties and friendships in Fall River, Massachusetts, and Providence.

She is survived by her children Jeff Sigal, Adam Sigal (Christine), and Karen Betheil (Gregg); sister Susan Brisk (Richard); brother Howard Barsook; grandchildren Jamie, Ariel, Ellie and Jason; and nieces Bette Ann (Lenny), Sarra, Danyel and Rachel.

Contributions in her memory may be made to the Rhode Island Community Food Bank or the Rhode Island Coalition for the Homeless.

Catherine S. Walters, 73

CRANSTON, R.I. – Catherine S. Walters died July 2 at Rhode Island Hospital. Born in Cleveland, Ohio, a daughter of the late Wilson and Beth (Kittelberger) Schramm, she had lived in Cranston for 15 years, previously living in Worcester, Massachusetts. She worked at various banks in Massachusetts and Rhode Island for nearly 40 years, most recently at Citizen's Bank as a project manager.



Catherine graduated from Assumption College, Class of '89. She was an active member of Temple Sinai, as a founder and director emeritus of Shireinu (the community choir), Hebrew teacher and a creator and caretaker of the Biblical Garden. She was also a former member of Temple Emanuel Sinai in Worcester. Catherine was a member of the R.I. Civic Chorale and Orchestra and Salisbury Singers.

She was the mother of Kenneth Heard and his wife, Sandi Matoian-Heard, of Cranston; and Nathan Heard and his wife, Anna Heard, of Washington, D.C. She was the sister of Ralph Schramm of Chaska, Minnesota; Phil Schramm and his companion, Nancy Soucier, of Chaska; and Richard Schramm and his wife, Mariann DeMordaunt, of Pacific Grove, California. She was the loving grandmother of Jacob, Miranda, Theo, Miles and Kai.

Contributions in her memory may be made to The Fistula Foundation: fistualfoundation.org.



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WE ARE READ IN PORTUGAL – Steven and Audrey Hirsch, left to right, and Gayle and Philip Sock just returned from a vacation in Portugal. In Lisbon, they visited a memorial to the Jewish people who were persecuted in Portugal during the 1400s. Thanks for taking The Jewish Voice along!



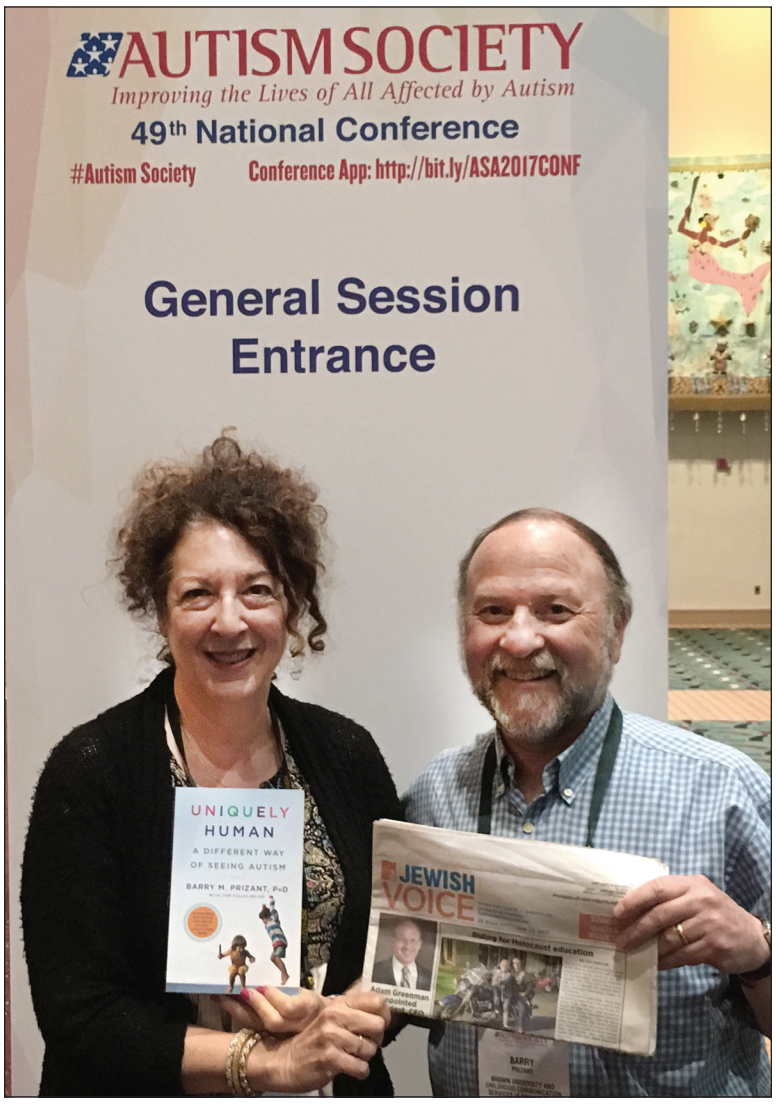
WE ARE READ AT BEN-GURION UNIVERSITY OF THE NEGEV – Reva Subar, of Providence, and her daughter Ilana Subar recently returned from a trip to Israel where they attended BGU's 47th Board of Governors meeting. BGU is leading the world in brain science, cyber security, nanotechnology, robotics, water technologies, alternative energy, desert agriculture and more. Ilana, who grew up in Providence, is a litigation attorney in Baltimore and a proud member of the board of American Associates of Ben-Gurion University.



WE ARE READ IN IRELAND – Waiting to explore Killarney National Park in a horse-drawn jaunting cart are (left to right): Elinor Nacheman, Katherine Cowett, Mary Bruno, Sharon Stern, Nancy Riffle and Shandelle Kenler.



WE ARE READ IN POLAND – Mark Shepard, Alexandra Shepard, Michael Shepard, Ellen Shepard, Barry Shepard, Mary Shepard and Adam Shepard visit the Stara Synagoga/Old Synagogue in Krakow, Poland in June.



WE ARE READ IN MILWAUKEE – At the Autism Society of America National Conference in Milwaukee, Dr. Barry Prizant, author of "Uniquely Human: A Different Way of Seeing Autism," recipient of the 2017 "Dr. Temple Grandin Award for Outstanding Literary Work", with Shelly Christensen, co-founder of the Jewish Leadership Institute on Disabilities, founder of International Jewish Disability Awareness Month, and parent of a son with autism.



ENGAGEMENT – Barbara and Yuri Japhet, of Pawtucket, announce the engagement of their daughter, Beth Japhet to Yossi Benzino, son of Kobi and Edna Ben Zino of Beersheva, Israel.

Beth graduated from Providence Hebrew Day School, Maimonides School, Stern College, and City University of New York. Beth lives in Jerusalem where she works as a physical therapist.

Yossi is working in K'far Saba as a mechanical engineer, and completing a master's degree in Mechatronics.



BAR MITZVAH – Phyllis B. Solod attended her grandson Sivan A. Solod's bar mitzvah on April 1 in Tel Aviv. Sivan is the son of Dr. Lynne A. Solod.



WEDDING – Reuben Fink and Laura Nelson were married at the Multicultural Arts Center in Cambridge, Massachusetts, on July 2. Rabbi Matthew Soffer of Temple Israel, Boston, officiated.

Reuben is the son of Michael and Michael Fink of Providence. He is a graduate of Boston University and is a vice president at Morgan Stanley, Boston.

Laura is the daughter of Debra Nelson and Paul Nelson of Belmont, Massachusetts, and Moorestown, New Jersey. She is a graduate of Bryn Mawr College and Brandeis University. She is a teacher in the Belmont school system.

The couple honeymooned in Southern California and make their home in Boston.



WEDDING – Olivia Charlotte Lichaa and Alon Nachmany were married Sunday, May 28, at the Providence Biltmore Hotel. Rabbi Wayne Franklin officiated.

Olivia 29, graduated with a bachelor's degree in Political Science and Jewish Studies from Indiana University (2010). She received an M.A. in Government with a specialization in Counter-Terrorism and Homeland Security Studies from the Lauder School of Government, Diplomacy and Strategy at Interdisciplinary Center, Herzliyah, Israel (2011). She is a fundraising director for a nonprofit organization, and is the daughter of Jacob and Maybeth Lichaa of Barrington.

Alon, 33, graduated with a bachelor's degree from Interdisciplinary Center, Herzliyah, Israel (2008) in Business Administration. He received an M.B.A. degree from Tel Aviv University (2010). He is a cyber security consultant. Alon is the son of Ronit Hilit Guy of Kfar Shmaryahu, Israel, and of Ilan Nachmany of Closter, New Jersey. He is the grandson of David Nachmany. The couple resides in Boca Raton, Florida.



Thank YOU

for making a difference

תודה רבה

toda raba

Because of YOU, the Jewish Alliance of Greater Rhode Island raised $3.1M for the 2017 Annual Campaign and nearly $1M in designated giving opportunities* from 2,300 gifts.

These funds support 70 local and global partners and 300 organizations and initiatives worldwide.

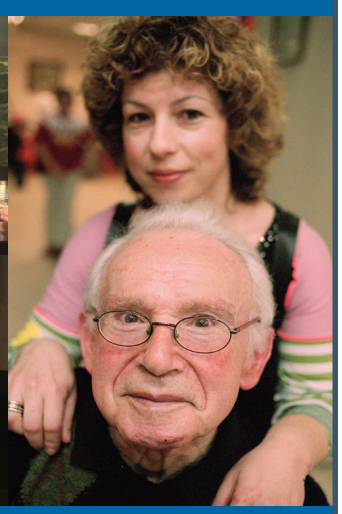
A full donor report will be available at jewishallianceri.org starting August 25, with excerpts published in the next issue of *The Jewish Voice*.

**Designated projects include Dwares JCC Capital Campaign, Living on the Edge initiative, and the Rhode Island Holocaust Memorial.*









For more information about the Alliance Annual Campaign, contact Trine Lustig at 401.421.4111 ext. 223 or tlustig@jewishallianceri.org.

Jewish Alliance
OF GREATER RHODE ISLAND

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